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**Supernatural Girlz**



Guest: Laura Tempest Zakroff

1  
00:00:30,740 --> 00:00:28,700  
archangels ghosts and Bigfoot oh hi it's

2  
00:00:33,890 --> 00:00:30,750  
just another night for Supernatural

3  
00:00:36,290 --> 00:00:33,900  
girls real stories real answers to

4  
00:00:38,810 --> 00:00:36,300  
life's biggest supernatural mysteries

5  
00:00:41,090 --> 00:00:38,820  
and now for another exciting interview

6  
00:00:44,270 --> 00:00:41,100  
with paranormal experts in this world

7  
00:00:48,780 --> 00:00:44,280  
and others here's your host paranormal

8  
00:01:06,140 --> 00:00:48,790  
researcher Patricia Baker the only

9  
00:01:08,640 --> 00:01:06,150  
[Music]

10  
00:01:11,550 --> 00:01:08,650  
welcome everyone to another exciting

11  
00:01:14,130 --> 00:01:11,560  
episode of Supernatural girls radio

12  
00:01:16,469 --> 00:01:14,140  
I'm your host Patricia Baker I am here

13  
00:01:20,010 --> 00:01:16,479

with my co-host all the way from sunny

14

00:01:22,889 --> 00:01:20,020

Tucson Patricia Kirkman PK how're you

15

00:01:26,789 --> 00:01:22,899

doing I'm doing fine I've been roasted

16

00:01:28,950 --> 00:01:26,799

on the spit today it's 105 that's very

17

00:01:31,680 --> 00:01:28,960

nice but it's humid since we had the

18

00:01:33,300 --> 00:01:31,690

rains it's that um they I don't care

19

00:01:36,300 --> 00:01:33,310

what anybody says there's no dry heat

20

00:01:38,490 --> 00:01:36,310

here right now well you don't dry it out

21

00:01:40,440 --> 00:01:38,500

worse for the wear I'll tell you look as

22

00:01:48,059 --> 00:01:40,450

glamorous as ever it's good to see you

23

00:01:53,370 --> 00:01:48,069

we talk or you keep it looks so good and

24

00:01:57,359 --> 00:01:53,380

you feel so okay yeah good very good

25

00:02:00,270 --> 00:01:57,369

what oh my god yeah fire in one Coast

26

00:02:03,330 --> 00:02:00,280

and water in another and what in the

27

00:02:06,389 --> 00:02:03,340

world is going on what are the numbers

28

00:02:09,449 --> 00:02:06,399

telling us well firstly today is a seven

29

00:02:12,660 --> 00:02:09,459

day and if everybody recalls seven deals

30

00:02:15,840 --> 00:02:12,670

with spirituality secrets being made

31

00:02:17,610 --> 00:02:15,850

known and the unexpected and I'll bet

32

00:02:19,560 --> 00:02:17,620

you make a bet that most of our audience

33

00:02:21,509 --> 00:02:19,570

did not sleep well last night

34

00:02:24,090 --> 00:02:21,519

and I've been Restless throughout the

35

00:02:27,780 --> 00:02:24,100

day anything to do with the legality is

36

00:02:30,060 --> 00:02:27,790

popping up today may not have finished

37

00:02:33,210 --> 00:02:30,070

but their baby pre lewd two things

38

00:02:36,240 --> 00:02:33,220

taking place but the most important part

39

00:02:38,250 --> 00:02:36,250

is that darn retrograde although the

40

00:02:41,220 --> 00:02:38,260

major retrograde has ended were in the

41

00:02:43,020 --> 00:02:41,230

shadow period until the 15th so people

42

00:02:45,270 --> 00:02:43,030

are still kind of watching the balls in

43

00:02:47,789 --> 00:02:45,280

the air trying to decide shall I catch

44

00:02:51,319 --> 00:02:47,799

him or try to dodge them and out rate

45

00:02:54,000 --> 00:02:51,329

most of them are trying to catch us well

46

00:02:57,750 --> 00:02:54,010

we're dealing with what's going on is

47

00:03:00,780 --> 00:02:57,760

this is reviewing the entire year this

48

00:03:03,150 --> 00:03:00,790

month so the good the bad the ugly got a

49

00:03:05,250 --> 00:03:03,160

switch coming back but what are these

50

00:03:08,640 --> 00:03:05,260

people doing in Florida I think some are

51  
00:03:11,400 --> 00:03:08,650  
leaving some are staying some here's

52  
00:03:14,460 --> 00:03:11,410  
that finds you fear and panic

53  
00:03:16,740 --> 00:03:14,470  
and with the seven around we don't know

54  
00:03:17,820 --> 00:03:16,750  
who or what to trust God knows people

55  
00:03:19,830 --> 00:03:17,830  
that have been telling us what to do

56  
00:03:23,130 --> 00:03:19,840  
newswise you can't trust them because

57  
00:03:24,330 --> 00:03:23,140  
you don't know for sure and everything

58  
00:03:27,480 --> 00:03:24,340  
is just in flux

59  
00:03:28,980 --> 00:03:27,490  
it's not fun right now and if we could

60  
00:03:31,890 --> 00:03:28,990  
get the East Coast and the west coast

61  
00:03:35,550 --> 00:03:31,900  
together we'd be in better shape yeah

62  
00:03:37,620 --> 00:03:35,560  
they need some of our water and sure we

63  
00:03:40,080 --> 00:03:37,630

need less of it well again we really

64

00:03:42,570 --> 00:03:40,090

hope everybody stays safe we know this

65

00:03:45,120 --> 00:03:42,580

is a terrible storm it's a beast of a

66

00:03:46,770 --> 00:03:45,130

store I'm a category five that we

67

00:03:49,770 --> 00:03:46,780

haven't seen this and I don't know why

68

00:03:51,930 --> 00:03:49,780

not in my lifetime so so this is a

69

00:03:54,030 --> 00:03:51,940

really scary thing but we really would

70

00:03:56,010 --> 00:03:54,040

like everybody to stay safe do the best

71

00:03:59,430 --> 00:03:56,020

you can get to higher ground or leave

72

00:04:00,600 --> 00:03:59,440

your area if you are in the path of this

73

00:04:03,540 --> 00:04:00,610

hurricane Irma

74

00:04:07,200 --> 00:04:03,550

and get to a better place go visit some

75

00:04:08,820 --> 00:04:07,210

friends relatives and just drop in a lot

76

00:04:11,280 --> 00:04:08,830

of a lot of people have been offering

77

00:04:12,780 --> 00:04:11,290

you know and same thing here I've got an

78

00:04:13,650 --> 00:04:12,790

extra room if somebody needs it that's

79

00:04:16,320 --> 00:04:13,660

not a problem

80

00:04:19,050 --> 00:04:16,330

everybody's willing to help out but I

81

00:04:21,030 --> 00:04:19,060

think the sad part about it is fear is

82

00:04:22,980 --> 00:04:21,040

taking over and when we react

83

00:04:26,220 --> 00:04:22,990

instead of act you're going to be in

84

00:04:28,560 --> 00:04:26,230

trouble and there's issues I'm right out

85

00:04:30,930 --> 00:04:28,570

there right now that those that are

86

00:04:33,030 --> 00:04:30,940

taking advantage of everybody's problems

87

00:04:35,220 --> 00:04:33,040

right did you hear about some people

88

00:04:38,130 --> 00:04:35,230

that have rented their homes that have

89

00:04:39,690 --> 00:04:38,140

been underwater and it around they're

90

00:04:42,530 --> 00:04:39,700

mad at the people because they're not

91

00:04:46,920 --> 00:04:42,540

paying the rent on that house oh my god

92

00:04:49,920 --> 00:04:46,930

yeah and selling water for 2795 they

93

00:04:52,050 --> 00:04:49,930

yeah that's yeah that's not okay and

94

00:04:54,680 --> 00:04:52,060

also people leaving their pets behind

95

00:04:57,270 --> 00:04:54,690

I'm sorry that's sick that's sick not

96

00:04:58,830 --> 00:04:57,280

acceptable if you are a pet owner then

97

00:05:01,380 --> 00:04:58,840

you need to make arrangements for your

98

00:05:03,480 --> 00:05:01,390

pet you need to take your pets or is

99

00:05:05,520 --> 00:05:03,490

also horses don't even tied up in their

100

00:05:07,560 --> 00:05:05,530

stall they don't stand a chance my god

101  
00:05:09,810 --> 00:05:07,570  
come on people did you see how many

102  
00:05:11,940 --> 00:05:09,820  
people have been busting through to

103  
00:05:13,830 --> 00:05:11,950  
really get all these eight animals out

104  
00:05:16,110 --> 00:05:13,840  
there not even their animals but they're

105  
00:05:17,520 --> 00:05:16,120  
working to break all this but it's like

106  
00:05:19,409 --> 00:05:17,530  
what they're doing in Texas it's

107  
00:05:23,430 --> 00:05:19,419  
actually bring some of this God love it

108  
00:05:25,379 --> 00:05:23,440  
all and now we are me and all the police

109  
00:05:27,570 --> 00:05:25,389  
and all of these people that are just

110  
00:05:29,909 --> 00:05:27,580  
volunteering their time to rescue people

111  
00:05:31,980 --> 00:05:29,919  
and the animals god bless them all and

112  
00:05:34,260 --> 00:05:31,990  
again please don't leave your animals

113  
00:05:36,330 --> 00:05:34,270

behind in Florida that is just a

114

00:05:37,320 --> 00:05:36,340

horrible fate and it's your

115

00:05:39,420 --> 00:05:37,330

responsibility

116

00:05:40,830 --> 00:05:39,430

they are your pets and your animals and

117

00:05:43,140 --> 00:05:40,840

you need to take care of them no matter

118

00:05:45,749 --> 00:05:43,150

what Mother Nature is bringing your way

119

00:05:49,140 --> 00:05:45,759

and so that's my lecture for tonight

120

00:05:50,790 --> 00:05:49,150

well it's well noted and I think the

121

00:05:52,980 --> 00:05:50,800

most important thing if we could all

122

00:05:56,459 --> 00:05:52,990

just remember at the end of the day say

123

00:05:59,670 --> 00:05:56,469

a prayer you know that whoever your God

124

00:06:01,499 --> 00:05:59,680

is they're listening that's right and

125

00:06:02,730 --> 00:06:01,509

where two or more gathered you know we

126

00:06:04,649 --> 00:06:02,740

can make anything happen

127

00:06:07,200 --> 00:06:04,659

that's right though that's important to

128

00:06:09,600 --> 00:06:07,210

to keep in mind now we've got some

129

00:06:11,159 --> 00:06:09,610

really fascinating paranormal news I

130

00:06:12,869 --> 00:06:11,169

just want to mention our guest we're

131

00:06:14,909 --> 00:06:12,879

gonna bring her on in a few minutes we

132

00:06:16,769 --> 00:06:14,919

have a great guest tonight yes we do and

133

00:06:19,709 --> 00:06:16,779

because you know this is these storms

134

00:06:23,700 --> 00:06:19,719

they make us feel rather powerless but

135

00:06:27,119 --> 00:06:23,710

our guest tonight is her name is Laura

136

00:06:32,519 --> 00:06:27,129

tempest Zack Croft and she has a great

137

00:06:35,309 --> 00:06:32,529

book yes you got it it's called a

138

00:06:38,010 --> 00:06:35,319

witch's cauldron the craft lore and

139

00:06:41,129 --> 00:06:38,020

magic of ritual vessels and the cauldron

140

00:06:43,170 --> 00:06:41,139

has very special significance and a lot

141

00:06:45,029 --> 00:06:43,180

of power we're gonna find out about this

142

00:06:46,680 --> 00:06:45,039

because in this time when we tend to

143

00:06:49,469 --> 00:06:46,690

feel powerless with everything going

144

00:06:51,559 --> 00:06:49,479

crazy around us it's nice to know that

145

00:06:54,209 --> 00:06:51,569

we can have a ritual vessel like this

146

00:06:57,689 --> 00:06:54,219

and we can use it to focus our attention

147

00:07:00,809 --> 00:06:57,699

our intent our power and bring good

148

00:07:03,089 --> 00:07:00,819

things into manifestation so our guest

149

00:07:05,159 --> 00:07:03,099

tonight is going to inform all of us on

150

00:07:07,529 --> 00:07:05,169

the history of this on how this came to

151  
00:07:10,619 --> 00:07:07,539  
be and how to use this in our own homes

152  
00:07:13,170 --> 00:07:10,629  
today we can do more than cook breakfast

153  
00:07:13,459 --> 00:07:13,180  
right in our cauldron so that's nice to

154  
00:07:17,129 --> 00:07:13,469  
know

155  
00:07:23,760 --> 00:07:17,139  
okay I've got a few now you can't put

156  
00:07:31,350 --> 00:07:23,770  
people at him all right just bring him

157  
00:07:33,540 --> 00:07:31,360  
on over so anyway we've got some

158  
00:07:34,980 --> 00:07:33,550  
fascinating paranormal news stories now

159  
00:07:37,469 --> 00:07:34,990  
posted them all on Facebook

160  
00:07:39,269 --> 00:07:37,479  
mm-hm we had a construction worker who

161  
00:07:41,699 --> 00:07:39,279  
took a photograph of

162  
00:07:45,359 --> 00:07:41,709  
a flying cryptid this thing was huge

163  
00:07:46,919 --> 00:07:45,369

flying over the highway yes God so

164

00:07:48,599 --> 00:07:46,929

anyways you guys gotta take a look at

165

00:07:51,179 --> 00:07:48,609

our Facebook page don't forget to give

166

00:07:53,009 --> 00:07:51,189

us a like so you can follow us there but

167

00:07:55,829 --> 00:07:53,019

we've got some terrific stories so that

168

00:07:56,999 --> 00:07:55,839

one with a photograph that you've got to

169

00:07:59,729 --> 00:07:57,009

take a look we want to know what you

170

00:08:02,339 --> 00:07:59,739

think real or fake I think it's real I

171

00:08:06,029 --> 00:08:02,349

do what do you think oh I think it's

172

00:08:07,739 --> 00:08:06,039

real I think it now is shall we put with

173

00:08:10,319 --> 00:08:07,749

a bigger challenge get the votes into

174

00:08:13,169 --> 00:08:10,329

his folks we want to know yes we want to

175

00:08:17,039 --> 00:08:13,179

know and now you also have nephews that

176

00:08:19,199 --> 00:08:17,049

sent in a photograph of a UFO it looks

177

00:08:23,369 --> 00:08:19,209

kind of like a cloud looks more like a

178

00:08:24,929 --> 00:08:23,379

UFO to me I put out that one is my

179

00:08:28,559 --> 00:08:24,939

sister sent and she was at my nephew's

180

00:08:30,059 --> 00:08:28,569

in chalene Washington so our guest is

181

00:08:32,189 --> 00:08:30,069

very much aware of that in place I'm

182

00:08:35,279 --> 00:08:32,199

sure but it there's nothing else in the

183

00:08:37,589 --> 00:08:35,289

sky it looks exactly like a UFO that

184

00:08:39,480 --> 00:08:37,599

definitely does it definitely does and

185

00:08:41,790 --> 00:08:39,490

we all know from having past guests

186

00:08:46,199 --> 00:08:41,800

about UFOs then they oftentimes use

187

00:08:47,699 --> 00:08:46,209

clouds to try to mask the actual ship so

188

00:08:50,460 --> 00:08:47,709

they didn't do a very good job so that's

189

00:08:52,710 --> 00:08:50,470

like a ship to me if I know it does in

190

00:08:55,829 --> 00:08:52,720

the color the way it looks it's like oh

191

00:08:59,249 --> 00:08:55,839

my god it just looks so real almost like

192

00:09:00,960 --> 00:08:59,259

you can get cat cotton candy yes it

193

00:09:03,769 --> 00:09:00,970

looks like that it does they're getting

194

00:09:06,569 --> 00:09:03,779

very creative with their masks yes yes

195

00:09:12,150 --> 00:09:06,579

yeah I do too I think ghosts are take me

196

00:09:14,100 --> 00:09:12,160

give me a bite of the cotton candy go

197

00:09:16,949 --> 00:09:14,110

take a look at that that photo everybody

198

00:09:19,019 --> 00:09:16,959

it's on our Facebook page and we have

199

00:09:22,319 --> 00:09:19,029

our stories - we've got a ghost that

200

00:09:24,749 --> 00:09:22,329

showed up crossing the road in and it

201  
00:09:27,360 --> 00:09:24,759  
looked like like Revolutionary War

202  
00:09:29,999 --> 00:09:27,370  
clothing didn't it little bits what I

203  
00:09:34,470 --> 00:09:30,009  
thought I almost better the French

204  
00:09:36,629 --> 00:09:34,480  
Revolution that could peer at ya so the

205  
00:09:38,910 --> 00:09:36,639  
it was very interesting so take a look

206  
00:09:41,249 --> 00:09:38,920  
at that ghost picture and again we've

207  
00:09:44,129 --> 00:09:41,259  
just got tons of stories there lots of

208  
00:09:45,600 --> 00:09:44,139  
videos just enjoy yourself and go take a

209  
00:09:47,970 --> 00:09:45,610  
look I know we're gonna be doing some

210  
00:09:49,860 --> 00:09:47,980  
other fun things with stories I'm gonna

211  
00:09:53,130 --> 00:09:49,870  
start reading supernatural bedtime

212  
00:09:55,110 --> 00:09:53,140  
stories and we're gonna be posting know

213  
00:09:57,120 --> 00:09:55,120

so this case can't sleep some night you

214

00:09:59,040 --> 00:09:57,130

want to hear something spooky I'll be

215

00:10:01,770 --> 00:09:59,050

talking it in your ear before too long

216

00:10:03,930 --> 00:10:01,780

so be sure to check back check back

217

00:10:06,510 --> 00:10:03,940

we've got lots of stuff that we're going

218

00:10:08,820 --> 00:10:06,520

to be sharing with you and of course our

219

00:10:12,390 --> 00:10:08,830

great guests and tonight we have a

220

00:10:14,400 --> 00:10:12,400

terrific guest now you're gonna learn

221

00:10:16,620 --> 00:10:14,410

tonight stuff that is going to make such

222

00:10:18,330 --> 00:10:16,630

a difference in your life and it's

223

00:10:20,730 --> 00:10:18,340

important to pay attention so let's

224

00:10:23,370 --> 00:10:20,740

bring her on right we've got Laura

225

00:10:26,070 --> 00:10:23,380

tempest Sacre the author of this brand

226

00:10:28,140 --> 00:10:26,080

new book the cauldron Laura welcome to

227

00:10:31,590 --> 00:10:28,150

this show thank you so much for having

228

00:10:34,140 --> 00:10:31,600

me it's our pleasure now you're taking

229

00:10:37,050 --> 00:10:34,150

on a very iconic symbol here with your

230

00:10:39,720 --> 00:10:37,060

new book it's a great book and it's so

231

00:10:42,720 --> 00:10:39,730

filled with facts and information that

232

00:10:45,930 --> 00:10:42,730

we can actually use but these things are

233

00:10:48,690 --> 00:10:45,940

incredibly old they come just thousands

234

00:10:50,700 --> 00:10:48,700

of years old aren't they yes and going

235

00:10:52,740 --> 00:10:50,710

back to finish the dawn of civilization

236

00:10:55,950 --> 00:10:52,750

when we first figured out that we needed

237

00:10:58,079 --> 00:10:55,960

to move water or carry fire and

238

00:11:00,030 --> 00:10:58,089

transport things around we devised

239

00:11:01,560 --> 00:11:00,040

Holdren say it's better than a better

240

00:11:06,420 --> 00:11:01,570

than a coconut or a goat's platter

241

00:11:10,260 --> 00:11:06,430

that's for sure yes I think so yeah yes

242

00:11:13,020 --> 00:11:10,270

so now how did this how does this

243

00:11:15,329 --> 00:11:13,030

translate in with witchcraft how did

244

00:11:19,350 --> 00:11:15,339

this come to be used as a sacred vessel

245

00:11:22,050 --> 00:11:19,360

for transformation and magic well it's a

246

00:11:24,690 --> 00:11:22,060

very utilitarian object or anything you

247

00:11:27,780 --> 00:11:24,700

can cook it you can clean with it you

248

00:11:29,280 --> 00:11:27,790

can die you can mix things up and once

249

00:11:30,900 --> 00:11:29,290

you get into the realm of witchcraft

250

00:11:32,730 --> 00:11:30,910

we're taking normal things and

251  
00:11:36,600 --> 00:11:32,740  
transforming them right we're working

252  
00:11:39,450 --> 00:11:36,610  
with the other and it's when you think

253  
00:11:41,250 --> 00:11:39,460  
about the old witches right back back in

254  
00:11:43,500 --> 00:11:41,260  
the day you have fancy tools you didn't

255  
00:11:45,000 --> 00:11:43,510  
go out to the witch shop to pick up your

256  
00:11:46,860 --> 00:11:45,010  
things you had what you use to your

257  
00:11:49,350 --> 00:11:46,870  
house around you which would be your

258  
00:11:51,390 --> 00:11:49,360  
groom it would be the knife that you cut

259  
00:11:54,329 --> 00:11:51,400  
with and it would be your cooking pot

260  
00:11:56,430 --> 00:11:54,339  
which would be your cauldron and we have

261  
00:11:59,100 --> 00:11:56,440  
a long history of sympathetic magic the

262  
00:12:00,360 --> 00:11:59,110  
idea that the like can affect the light

263  
00:12:04,470 --> 00:12:00,370

is similar right

264

00:12:06,420 --> 00:12:04,480

so when you create a meal with intention

265

00:12:08,639 --> 00:12:06,430

to to do good to heal

266

00:12:10,590 --> 00:12:08,649

with it you you're adding that intention

267

00:12:12,360 --> 00:12:10,600

to it so you can have that sort of magic

268

00:12:14,130 --> 00:12:12,370

when you cleanse with it

269

00:12:15,690 --> 00:12:14,140

that you can you can affect the world

270

00:12:17,430 --> 00:12:15,700

around you so there's that sense we were

271

00:12:19,019 --> 00:12:17,440

you know when you when you cook a meal

272

00:12:21,329 --> 00:12:19,029

when you're angry right and things don't

273

00:12:22,800 --> 00:12:21,339

go the right way you know what things

274

00:12:24,660 --> 00:12:22,810

get wasteful but when you have that

275

00:12:26,820 --> 00:12:24,670

sense of being in that place and that

276

00:12:29,370 --> 00:12:26,830

tie and thinking about odds for my

277

00:12:31,440 --> 00:12:29,380

family that's coming together and these

278

00:12:33,840 --> 00:12:31,450

are the the radishes that I got from my

279

00:12:35,370 --> 00:12:33,850

garden and the potatoes that I grew and

280

00:12:36,870 --> 00:12:35,380

you know or got them from my friends

281

00:12:39,600 --> 00:12:36,880

you're thinking about all these things

282

00:12:44,579 --> 00:12:39,610

coming together so that that power of

283

00:12:46,500 --> 00:12:44,589

intent and focusing your window well

284

00:12:48,780 --> 00:12:46,510

that'll make sense I mean I know we were

285

00:12:51,389 --> 00:12:48,790

talking off the air about cooking and

286

00:12:53,820 --> 00:12:51,399

how just your mindset about cooking

287

00:12:56,940 --> 00:12:53,830

makes a difference in how the food

288

00:12:58,620 --> 00:12:56,950

tastes how it comes out I know PK you

289

00:13:00,780 --> 00:12:58,630

were sharing your story about liver and

290

00:13:02,490 --> 00:13:00,790

onions and how you look so far to eating

291

00:13:04,560 --> 00:13:02,500

your liver and onions and they taste so

292

00:13:07,110 --> 00:13:04,570

good it's like it's just having that

293

00:13:10,139 --> 00:13:07,120

love you know for something that you're

294

00:13:12,860 --> 00:13:10,149

doing with your cauldron whether it's

295

00:13:16,290 --> 00:13:12,870

cooking for yourself or your family or

296

00:13:18,810 --> 00:13:16,300

again creating a ritual around it but I

297

00:13:21,720 --> 00:13:18,820

honestly I cannot think of a more

298

00:13:24,780 --> 00:13:21,730

powerful tool than the cauldron

299

00:13:27,930 --> 00:13:24,790

I agree out of all of the tools that are

300

00:13:30,180 --> 00:13:27,940

out there the cauldron is is my favorite

301

00:13:33,540 --> 00:13:30,190

I'm so honored to be able to you to

302

00:13:35,610 --> 00:13:33,550

write a book on this it is it's a thing

303

00:13:37,170 --> 00:13:35,620

that is in every part of our lives when

304

00:13:38,730 --> 00:13:37,180

you think about it you're like oh I

305

00:13:42,360 --> 00:13:38,740

don't have a cauldron look do you have a

306

00:13:44,220 --> 00:13:42,370

pasta pot do you have a coffee pot at

307

00:13:46,530 --> 00:13:44,230

home a tea kettle do you have a bathtub

308

00:13:48,269 --> 00:13:46,540

do you have a washing machine all of

309

00:13:50,160 --> 00:13:48,279

these things have evolved from the

310

00:13:52,590 --> 00:13:50,170

cauldron they're the same things that

311

00:13:54,930 --> 00:13:52,600

that one vessel we use for it but as we

312

00:13:57,240 --> 00:13:54,940

expand it into having you know three-car

313

00:13:58,470 --> 00:13:57,250

garages and and much more things you

314

00:14:00,630 --> 00:13:58,480

know it's like we have room we have the

315

00:14:03,389 --> 00:14:00,640

resources for these and so we created

316

00:14:04,949 --> 00:14:03,399

more objects to be the same job there's

317

00:14:08,460 --> 00:14:04,959

still our culture and so when you think

318

00:14:11,760 --> 00:14:08,470

about it that's true it's fascinating so

319

00:14:15,210 --> 00:14:11,770

now you were drawn to write this book

320

00:14:18,449 --> 00:14:15,220

and it's again it's very informative you

321

00:14:19,700 --> 00:14:18,459

have also identified all different kinds

322

00:14:22,970 --> 00:14:19,710

of cauldrons

323

00:14:26,900 --> 00:14:22,980

and how the metal is associated with

324

00:14:28,640 --> 00:14:26,910

certain aspects and powers so tell us

325

00:14:30,080 --> 00:14:28,650

more about the metal of this I know

326

00:14:33,770 --> 00:14:30,090

people are going to want to know what

327

00:14:36,170 --> 00:14:33,780

kind of cauldron should I have so tell

328

00:14:39,380 --> 00:14:36,180

us about that and also how people should

329

00:14:42,200 --> 00:14:39,390

know which one to pick great place to

330

00:14:44,540 --> 00:14:42,210

start no when we look at the history of

331

00:14:48,020 --> 00:14:44,550

the cauldron the first vessels we may

332

00:14:49,970 --> 00:14:48,030

were probably ceramic and so ceramic

333

00:14:52,190 --> 00:14:49,980

vessels are very Chiltern though they're

334

00:14:53,650 --> 00:14:52,200

not great for cooking as we know that

335

00:14:56,630 --> 00:14:53,660

they're and they're also very fragile

336

00:14:58,070 --> 00:14:56,640

but if you have something that if you

337

00:14:59,570 --> 00:14:58,080

want to make something for yourself it's

338

00:15:02,210 --> 00:14:59,580

very easy for folks to go to a pottery

339

00:15:04,670 --> 00:15:02,220

studio and to make something so if you

340

00:15:06,800 --> 00:15:04,680

just want to be able to can make it and

341

00:15:09,290 --> 00:15:06,810

you want to use it as a bowl for ritual

342

00:15:11,690 --> 00:15:09,300

offerings or to mix things and that's a

343

00:15:13,550 --> 00:15:11,700

good place to start but cauldrons as we

344

00:15:17,270 --> 00:15:13,560

know them really starting in the Bronze

345

00:15:19,250 --> 00:15:17,280

Age so hmm bronze is a wonderful mixture

346

00:15:20,630 --> 00:15:19,260

and Union coppery of brass you have

347

00:15:23,510 --> 00:15:20,640

different elements in tin that are

348

00:15:26,390 --> 00:15:23,520

worked in there and all of those metals

349

00:15:29,210 --> 00:15:26,400

have different properties copper and you

350

00:15:32,990 --> 00:15:29,220

know we can think of Aphrodite Venus

351

00:15:35,090 --> 00:15:33,000

that kind of energy and we also think of

352

00:15:36,800 --> 00:15:35,100

a cleansing with it and you look back in

353

00:15:38,480 --> 00:15:36,810

Roman history and the aqueducts there

354

00:15:41,180 --> 00:15:38,490

was copper piping and we still use

355

00:15:42,860 --> 00:15:41,190

copper piping today yes because it does

356

00:15:45,470 --> 00:15:42,870

have these antibacterial antifungal

357

00:15:48,170 --> 00:15:45,480

properties to it that other metals don't

358

00:15:49,580 --> 00:15:48,180

have and when we talk we have humming

359

00:15:53,570 --> 00:15:49,590

problems is because they went with the

360

00:15:55,160 --> 00:15:53,580

cheaper pipes that were made of so if

361

00:15:56,780 --> 00:15:55,170

you're working with a particular deity

362

00:15:58,310 --> 00:15:56,790

or you like those healing qualities

363

00:16:01,370 --> 00:15:58,320

accomplished altering is a great way to

364

00:16:05,210 --> 00:16:01,380

start but most classic one of course

365

00:16:08,270 --> 00:16:05,220

would be the cast iron cauldron and this

366

00:16:10,580 --> 00:16:08,280

is great for cooking and it can

367

00:16:13,670 --> 00:16:10,590

definitely be transported around very

368

00:16:15,440 --> 00:16:13,680

easily the only type of thing that

369

00:16:18,350 --> 00:16:15,450

people get a little funny about is

370

00:16:19,850 --> 00:16:18,360

working with iron with a energy but some

371

00:16:21,890 --> 00:16:19,860

some traditions think that's okay

372

00:16:23,660 --> 00:16:21,900

another stone that's to live and our

373

00:16:25,520 --> 00:16:23,670

blood has iron in it so I know how

374

00:16:28,790 --> 00:16:25,530

detail if you want to go about those

375

00:16:30,530 --> 00:16:28,800

little munitions but with a cast iron

376

00:16:32,180 --> 00:16:30,540

coach and if you're into cooking if you

377

00:16:33,380 --> 00:16:32,190

want to cook inside you want outside if

378

00:16:34,940 --> 00:16:33,390

you want to burn things

379

00:16:38,570 --> 00:16:34,950

is really one of the most votes it's

380

00:16:40,040 --> 00:16:38,580

whole easy to clean as well there ways

381

00:16:42,950 --> 00:16:40,050

you can just scoop it out and clean it

382

00:16:45,320 --> 00:16:42,960

without a lot of needing extra cleaners

383

00:16:48,140 --> 00:16:45,330

with you you're camping you can just

384

00:16:50,120 --> 00:16:48,150

even brush it out and you talk about the

385

00:16:52,160 --> 00:16:50,130

book you can get it clean again if

386

00:16:55,880 --> 00:16:52,170

you've got the unfortunate thing and

387

00:16:59,150 --> 00:16:55,890

left it out for us yeah as I mentioned I

388

00:17:02,810 --> 00:16:59,160

have a big huge cauldron outside in the

389

00:17:07,850 --> 00:17:02,820

Nancy and the thing is very rusty and it

390

00:17:13,730 --> 00:17:10,189

how do you clean the rust off something

391

00:17:15,650 --> 00:17:13,740

like that it depends on how bad is you

392

00:17:17,360 --> 00:17:15,660

want to make sure that it doesn't have

393

00:17:19,220 --> 00:17:17,370

rust hole all the way through like if

394

00:17:28,960 --> 00:17:19,230

it's really brittle and all you have is

395

00:17:33,590 --> 00:17:31,970

feel but if it's something where it's a

396

00:17:37,040 --> 00:17:33,600

little bit minor than a little bit of

397

00:17:39,230 --> 00:17:37,050

elbow grease it goes a long way there

398

00:17:40,790 --> 00:17:39,240

are other methods though we can work it

399

00:17:43,970 --> 00:17:40,800

with rubbing oil into it and putting

400

00:17:45,440 --> 00:17:43,980

into into the oven you can cook it off

401  
00:17:49,070 --> 00:17:45,450  
of it some people like to throw it into

402  
00:17:50,570 --> 00:17:49,080  
the fire and let the fire burn off the

403  
00:17:53,060 --> 00:17:50,580  
rust and then you get all of it out

404  
00:17:54,230 --> 00:17:53,070  
there is a method I talked about in

405  
00:17:57,020 --> 00:17:54,240  
there about the self-cleaning

406  
00:17:59,450 --> 00:17:57,030  
of it so that you put it in but that one

407  
00:18:01,370 --> 00:17:59,460  
reads your warranty your manuals all

408  
00:18:09,560 --> 00:18:01,380  
that such things before you try it not

409  
00:18:11,510 --> 00:18:09,570  
responsible if you that's right a little

410  
00:18:14,080 --> 00:18:11,520  
bit of sandpaper and elbow grease if

411  
00:18:16,580 --> 00:18:14,090  
it's not too bad is a good way or a a.m.

412  
00:18:18,320 --> 00:18:16,590  
while your brush but be sure to wear a

413  
00:18:19,970 --> 00:18:18,330

mask while you're doing it because those

414

00:18:22,640 --> 00:18:19,980

little rust particles are not great to

415

00:18:24,860 --> 00:18:22,650

breathe in okay so that's good advice

416

00:18:27,320 --> 00:18:24,870

thank you for that because I do want to

417

00:18:29,600 --> 00:18:27,330

clean it up it's a beautiful huge

418

00:18:34,580 --> 00:18:29,610

cauldron I'm thinking that I could make

419

00:18:37,760 --> 00:18:34,590

some big spells in there so but I'm not

420

00:18:39,350 --> 00:18:37,770

big on like scrubbing so the fire part

421

00:18:42,650 --> 00:18:39,360

might work I might have to dig a pit

422

00:18:44,210 --> 00:18:42,660

somewhere start a fire put it in but I

423

00:18:44,780 --> 00:18:44,220

will have to have help this thing is

424

00:18:47,160 --> 00:18:44,790

huge

425

00:18:49,530 --> 00:18:47,170

I mean it's heavy it's

426

00:18:52,980 --> 00:18:49,540

it's substantial I'm sure somebody did

427

00:18:54,600 --> 00:18:52,990

some spells in it a long time ago so I'm

428

00:18:56,640 --> 00:18:54,610

excited that you're with us tonight so

429

00:18:58,980 --> 00:18:56,650

now I'm gonna learn all about this and

430

00:19:01,830 --> 00:18:58,990

piqué you are too so we can do our own

431

00:19:09,110 --> 00:19:01,840

spell work with us is so cool I love it

432

00:19:17,730 --> 00:19:10,220

[Music]

433

00:19:23,460 --> 00:19:17,740

yes I know you know we all we only wish

434

00:19:33,240 --> 00:19:23,470

for good no of course it's done really

435

00:19:35,730 --> 00:19:33,250

good good balance yes now with the

436

00:19:37,650 --> 00:19:35,740

cauldron so you can you can choose your

437

00:19:39,750 --> 00:19:37,660

metal and you can like you said if you

438

00:19:42,510 --> 00:19:39,760

have a deity that you associate with

439

00:19:45,360 --> 00:19:42,520

your magic work then you might want to

440

00:19:48,900 --> 00:19:45,370

find some metal that is appropriate

441

00:19:51,480 --> 00:19:48,910

can you give us an example of that as I

442

00:19:55,890 --> 00:19:51,490

mentioned IT is known for working with

443

00:19:59,640 --> 00:19:55,900

copper on though medea Hecate a few of

444

00:20:02,220 --> 00:19:59,650

those mythic deities and the more dark

445

00:20:04,160 --> 00:20:02,230

goddess aspects iron tends to be one

446

00:20:06,390 --> 00:20:04,170

that most people associate with them

447

00:20:08,310 --> 00:20:06,400

there are some where you have silver

448

00:20:11,430 --> 00:20:08,320

though the thing is that silver

449

00:20:12,660 --> 00:20:11,440

cauldrons they're a beautiful idea but

450

00:20:13,860 --> 00:20:12,670

you don't want to use it for anything

451

00:20:17,070 --> 00:20:13,870

where you're actually applying

452

00:20:18,570 --> 00:20:17,080

temperature to it right because it has a

453

00:20:20,730 --> 00:20:18,580

low melting point the same thing with

454

00:20:23,730 --> 00:20:20,740

gold as well like the gun just stood up

455

00:20:26,040 --> 00:20:23,740

cauldron which is a beautiful work of

456

00:20:27,750 --> 00:20:26,050

art that's mainly silver it was more for

457

00:20:29,700 --> 00:20:27,760

decorative purposes they weren't cooking

458

00:20:33,990 --> 00:20:29,710

in that that beautiful carefully etched

459

00:20:35,670 --> 00:20:34,000

and jeweled cauldron so the most of our

460

00:20:37,500 --> 00:20:35,680

things what what is it that you want to

461

00:20:39,480 --> 00:20:37,510

do with your cauldron are you are you

462

00:20:41,430 --> 00:20:39,490

cooking every setting fires in it and

463

00:20:42,690 --> 00:20:41,440

and then figure out that your

464

00:20:44,730 --> 00:20:42,700

dissociation so I have very much a

465

00:20:46,290 --> 00:20:44,740

practical approach first you have the

466

00:20:48,690 --> 00:20:46,300

vessel in front of you it's gonna it's

467

00:20:51,720 --> 00:20:48,700

just a stainless steel pasta pot is all

468

00:20:54,660 --> 00:20:51,730

you have your DS will be fine with that

469

00:20:56,160 --> 00:20:54,670

yes you can make that work too so you

470

00:20:57,900 --> 00:20:56,170

don't even have to go out and buy

471

00:20:59,490 --> 00:20:57,910

something special if you don't want to

472

00:21:00,600 --> 00:20:59,500

you can use a pot at home it's the

473

00:21:04,110 --> 00:21:00,610

intent right

474

00:21:06,149 --> 00:21:04,120

exactly yes you also want to be careful

475

00:21:07,769 --> 00:21:06,159

though there are some cauldrons that are

476

00:21:10,080 --> 00:21:07,779

sold out there that we're supposed to

477

00:21:11,220 --> 00:21:10,090

look like cast iron but they're not so

478

00:21:15,029 --> 00:21:11,230

if they say they're for decorative

479

00:21:17,279 --> 00:21:15,039

purposes only believe it especially when

480

00:21:20,009 --> 00:21:17,289

they're coming from China and from India

481

00:21:22,529 --> 00:21:20,019

a lot of those things have pot metal

482

00:21:24,480 --> 00:21:22,539

that or they're painted black instead of

483

00:21:26,159 --> 00:21:24,490

being actual iron so you don't want to

484

00:21:29,820 --> 00:21:26,169

be cooking in something it's those for

485

00:21:32,430 --> 00:21:29,830

decorative purposes believe it yeah very

486

00:21:35,940 --> 00:21:32,440

careful of that yes good point good

487

00:21:39,289 --> 00:21:35,950

point so what kind of instruction can

488

00:21:42,779 --> 00:21:39,299

you give us as we choose to use our

489

00:21:45,060 --> 00:21:42,789

cauldrons for spell work and magic and

490

00:21:47,970 --> 00:21:45,070

and intending something to come to

491

00:21:49,830 --> 00:21:47,980

fruition so whether it be transformation

492

00:21:51,600 --> 00:21:49,840

of ourselves or transformation of the

493

00:21:57,870 --> 00:21:51,610

world around us what do we do how do we

494

00:22:00,539 --> 00:21:57,880

use the cauldron I think sighs I have a

495

00:22:01,830 --> 00:22:00,549

big project does that mean a big holder

496

00:22:06,240 --> 00:22:01,840

that you have out there that you can

497

00:22:13,110 --> 00:22:06,250

small child in this is the the one not

498

00:22:15,060 --> 00:22:13,120

that I've tried the little miniature

499

00:22:16,470 --> 00:22:15,070

cauldron you go to most little occult

500

00:22:18,180 --> 00:22:16,480

metaphysical shops we'll find those

501  
00:22:19,680 --> 00:22:18,190  
little cauldrons people like oh I have a

502  
00:22:22,049 --> 00:22:19,690  
really big spell that's going to work

503  
00:22:23,850 --> 00:22:22,059  
well what is it that you want to do with

504  
00:22:25,710 --> 00:22:23,860  
it if you're just lighting a candle

505  
00:22:28,049 --> 00:22:25,720  
inside of it you don't need something

506  
00:22:31,769 --> 00:22:28,059  
that you can fit you know I cooked

507  
00:22:35,940 --> 00:22:31,779  
inside of the go to low right I'll do

508  
00:22:37,230 --> 00:22:35,950  
its thing so that small vessel so

509  
00:22:39,060 --> 00:22:37,240  
thinking about all the different things

510  
00:22:41,190 --> 00:22:39,070  
any kind of spell work you can do you

511  
00:22:45,330 --> 00:22:41,200  
can do with the cauldron so if you're

512  
00:22:47,220 --> 00:22:45,340  
doing a healing spell you can be

513  
00:22:49,919 --> 00:22:47,230

gathering together herbs that are your

514

00:22:51,990 --> 00:22:49,929

healing herbs the safe it's for let's

515

00:22:54,149 --> 00:22:52,000

say emotional you don't like lavender

516

00:22:57,600 --> 00:22:54,159

lavender is a good one for calming

517

00:22:58,889 --> 00:22:57,610

effects and you can mix together your

518

00:23:00,570 --> 00:22:58,899

favorite herbs and put them together

519

00:23:02,549 --> 00:23:00,580

into a little pouch and so that you can

520

00:23:03,870 --> 00:23:02,559

grind them in the cauldron you can make

521

00:23:07,769 --> 00:23:03,880

a tincture out of them and then take a

522

00:23:09,539 --> 00:23:07,779

bath with it you can do prosperity

523

00:23:12,090 --> 00:23:09,549

spells with that same thing where are

524

00:23:13,400 --> 00:23:12,100

y'all good please talk to us about

525

00:23:21,140 --> 00:23:13,410

prosperity

526  
00:23:22,910 --> 00:23:21,150  
yes how do we do those all the audience

527  
00:23:28,070 --> 00:23:22,920  
is on the edge of their chair right now

528  
00:23:30,590 --> 00:23:28,080  
hearing about I believe in the book I

529  
00:23:32,690 --> 00:23:30,600  
have a wonderful one with putting silver

530  
00:23:35,300 --> 00:23:32,700  
coins in there and focusing and blessing

531  
00:23:36,440 --> 00:23:35,310  
the coins under a full moon and so that

532  
00:23:37,610 --> 00:23:36,450  
you well they could just be quarters

533  
00:23:40,610 --> 00:23:37,620  
right you don't need to take anything

534  
00:23:43,010 --> 00:23:40,620  
fancy or maybe one of those gold one

535  
00:23:47,090 --> 00:23:43,020  
dollar coins they have the that are

536  
00:23:48,560 --> 00:23:47,100  
circulating again in the US and you say

537  
00:23:49,880 --> 00:23:48,570  
you wanna do another full moon and focus

538  
00:23:52,100 --> 00:23:49,890

on what is it that you want to be

539

00:23:53,720 --> 00:23:52,110

prosperous in magic follows the path of

540

00:23:55,400 --> 00:23:53,730

least resistance so when people that are

541

00:23:56,960 --> 00:23:55,410

going to be prosperous or how do you

542

00:23:58,760 --> 00:23:56,970

want to be prosperous do you want your

543

00:24:01,160 --> 00:23:58,770

job situation in kenner he want to make

544

00:24:03,020 --> 00:24:01,170

how much more money are you looking to

545

00:24:05,090 --> 00:24:03,030

have a child do you want to get a house

546

00:24:07,340 --> 00:24:05,100

you know you don't want speck o general

547

00:24:09,050 --> 00:24:07,350

because then the Valu you know you can

548

00:24:13,310 --> 00:24:09,060

be prosperous and having all this poison

549

00:24:17,930 --> 00:24:13,320

ivy growing your front right not good at

550

00:24:21,050 --> 00:24:17,940

all and so say that you want it for a

551  
00:24:23,840 --> 00:24:21,060  
job so if you enthuse you take take some

552  
00:24:26,450 --> 00:24:23,850  
of those herbs and the the gold coin and

553  
00:24:27,620 --> 00:24:26,460  
and focus on it during a full moon and

554  
00:24:30,590 --> 00:24:27,630  
then when you go to your job interview

555  
00:24:32,510 --> 00:24:30,600  
you have that in your pocket you can

556  
00:24:34,280 --> 00:24:32,520  
remind yourself that this is I have my

557  
00:24:36,320 --> 00:24:34,290  
prosperity with me I'm going to secure

558  
00:24:38,540 --> 00:24:36,330  
this job or the best job that I can with

559  
00:24:40,850 --> 00:24:38,550  
it and that's a that's a great way to

560  
00:24:42,950 --> 00:24:40,860  
focus it in you could do the same thing

561  
00:24:43,760 --> 00:24:42,960  
though with a bathtub where you take

562  
00:24:46,220 --> 00:24:43,770  
that back

563  
00:24:48,470 --> 00:24:46,230

with those herbs in that coin and you

564

00:24:50,750 --> 00:24:48,480

think about preparing your body and your

565

00:24:52,340 --> 00:24:50,760

mind and your spirit for that as well I

566

00:24:54,260 --> 00:24:52,350

like the full immersion that's probably

567

00:24:58,760 --> 00:24:54,270

my favorite kind of cauldron is a bath

568

00:25:00,260 --> 00:24:58,770

tub ah I love taking baths and I feel

569

00:25:02,270 --> 00:25:00,270

like it so the bathroom can be a very

570

00:25:03,830 --> 00:25:02,280

magical place especially when you take

571

00:25:10,160 --> 00:25:03,840

the time to make sure that your bath is

572

00:25:12,980 --> 00:25:10,170

clean imaginary mildew in the bathroom

573

00:25:15,740 --> 00:25:12,990

know you're bringing up an interesting

574

00:25:17,870 --> 00:25:15,750

point of being in the bath because

575

00:25:20,120 --> 00:25:17,880

you're surrounded by water it's calming

576  
00:25:21,710 --> 00:25:20,130  
you know and you can have your candles

577  
00:25:26,030 --> 00:25:21,720  
around you whatever then you are

578  
00:25:29,320 --> 00:25:26,040  
actually in your own cauldron yes very

579  
00:25:35,840 --> 00:25:33,470  
what about this yeah Laura what about

580  
00:25:37,370 --> 00:25:35,850  
people who maybe they don't want a

581  
00:25:40,970 --> 00:25:37,380  
better job maybe they just want to

582  
00:25:44,300 --> 00:25:40,980  
attract money so they can take the same

583  
00:25:49,330 --> 00:25:44,310  
idea that you just gave us you know with

584  
00:25:54,350 --> 00:25:49,340  
the silver coins or the gold coin and

585  
00:25:56,390 --> 00:25:54,360  
they can focus on it and then burn some

586  
00:26:01,160 --> 00:25:56,400  
type of herb and now what herb would you

587  
00:26:04,580 --> 00:26:01,170  
burn for that did we lose Laura yeah I

588  
00:26:07,940 --> 00:26:04,590

think we did honey oh yes so we're

589

00:26:09,800 --> 00:26:07,950

talking about the I know what I want to

590

00:26:13,430 --> 00:26:09,810

get the good stuff and she's telling us

591

00:26:16,040 --> 00:26:13,440

how to find it and what to do well I

592

00:26:18,050 --> 00:26:16,050

couldn't see it her there's that darn

593

00:26:20,300 --> 00:26:18,060

and rich and great working on us that

594

00:26:25,160 --> 00:26:20,310

shadow period Oh see well but isn't

595

00:26:28,270 --> 00:26:25,170

stuff yeah I mean I I've been tonight's

596

00:26:31,970 --> 00:26:28,280

a full moon isn't it I think it is

597

00:26:34,820 --> 00:26:31,980

believe it is now we can all like get

598

00:26:38,540 --> 00:26:34,830

our pots out and begin the ceremony

599

00:26:40,580 --> 00:26:38,550

tonight right after the show we can all

600

00:26:44,210 --> 00:26:40,590

put our silver coins or gold coins if

601  
00:26:45,530 --> 00:26:44,220  
we're lucky enough to have any no you

602  
00:26:47,240 --> 00:26:45,540  
know you don't even have silver coins

603  
00:26:51,620 --> 00:26:47,250  
anymore but usually they're like silver

604  
00:26:54,410 --> 00:26:51,630  
coated it used to be for silver etc yeah

605  
00:26:56,840 --> 00:26:54,420  
yeah but still like she said you don't

606  
00:27:00,050 --> 00:26:56,850  
have to be fancy about it you can just

607  
00:27:02,900 --> 00:27:00,060  
take quarters and use curse if we have

608  
00:27:11,030 --> 00:27:02,910  
to right of course I aren't a copper

609  
00:27:13,280 --> 00:27:11,040  
maybe you can do is still we can start

610  
00:27:15,110 --> 00:27:13,290  
the ceremony tonight but I want to find

611  
00:27:19,610 --> 00:27:15,120  
out here's my questions okay once Laura

612  
00:27:20,120 --> 00:27:19,620  
comes bad though she why are we minds

613  
00:27:22,970 --> 00:27:20,130

want to know

614

00:27:26,690 --> 00:27:22,980

well here's here's our questions that we

615

00:27:28,340 --> 00:27:26,700

want to do a prosperity thing for all

616

00:27:31,640 --> 00:27:28,350

our people tonight tonight's a full moon

617

00:27:36,890 --> 00:27:31,650

isn't it check me I believe last night

618

00:27:38,990 --> 00:27:36,900

was last night I tend to go by the idea

619

00:27:41,090 --> 00:27:39,000

that the full moon is visible for three

620

00:27:48,799 --> 00:27:41,100

full nights to the naked eye

621

00:27:51,080 --> 00:27:48,809

okay in our tradition our chance we

622

00:27:52,760 --> 00:27:51,090

haven't missed it so for everybody in

623

00:27:54,940 --> 00:27:52,770

the audience what we can do is we can

624

00:27:57,680 --> 00:27:54,950

take our coins right we can put them in

625

00:27:59,840 --> 00:27:57,690

the vessel and it could be anything it

626

00:28:02,029 --> 00:27:59,850

can be any cauldron and it can be any if

627

00:28:03,919 --> 00:28:02,039

you have a special one or you can make a

628

00:28:06,320 --> 00:28:03,929

special one without of a pot that you

629

00:28:10,730 --> 00:28:06,330

use in your kitchen and then you can put

630

00:28:13,130 --> 00:28:10,740

your coins in there any coins and now

631

00:28:19,130 --> 00:28:13,140

what or would you use with this

632

00:28:21,230 --> 00:28:19,140

prosperity yeah okay

633

00:28:25,570 --> 00:28:21,240

why now let's Basel I love the smell of

634

00:28:30,490 --> 00:28:25,580

it yes it's a wonderfully aromatic spell

635

00:28:34,039 --> 00:28:30,500

the smell of your smell oh my gosh and

636

00:28:35,690 --> 00:28:34,049

it's easy like right you walked in my

637

00:28:38,870 --> 00:28:35,700

habit already growing in your garden or

638

00:28:41,810 --> 00:28:38,880

even in your in your herb cabinets right

639

00:28:44,060 --> 00:28:41,820

your spices there now does it have to be

640

00:28:47,510 --> 00:28:44,070

dried or can you just have fresh basil

641

00:28:50,510 --> 00:28:47,520

and you add that into the cauldron brush

642

00:28:52,549 --> 00:28:50,520

is is best because you really get that

643

00:28:54,289 --> 00:28:52,559

smell from it you can crush it up and

644

00:28:56,000 --> 00:28:54,299

really connect with the spirit of the

645

00:28:58,460 --> 00:28:56,010

plant as you're doing it but if you

646

00:29:00,289 --> 00:28:58,470

don't have that again sympathetic magic

647

00:29:03,529 --> 00:29:00,299

is more about that like affects the

648

00:29:07,039 --> 00:29:03,539

light so you can still it hopefully your

649

00:29:08,870 --> 00:29:07,049

spice rack is fairly recent those are

650

00:29:11,960 --> 00:29:08,880

depending there for 10 years you'll

651

00:29:15,169 --> 00:29:11,970

still get that Rama you could you also

652

00:29:18,140 --> 00:29:15,179

use allspice or cinnamon again these are

653

00:29:21,860 --> 00:29:18,150

both very Oh lemon oh yeah I've cinnamon

654

00:29:23,570 --> 00:29:21,870

a lot about that for Prosperity well

655

00:29:26,450 --> 00:29:23,580

listen everybody we have to just take a

656

00:29:28,399 --> 00:29:26,460

very short break in a minute we're gonna

657

00:29:29,930 --> 00:29:28,409

come back and we're gonna go through the

658

00:29:32,180 --> 00:29:29,940

rest of what we need to do for our

659

00:29:33,740 --> 00:29:32,190

prosperity spell tonight after the show

660

00:29:37,880 --> 00:29:33,750

we're all going to be doing this it's

661

00:29:40,520 --> 00:29:37,890

going to be great so in the meantime you

662

00:29:43,700 --> 00:29:40,530

can go visit our Facebook page like us

663

00:29:47,360 --> 00:29:43,710

follow us sign up for the fringe files

664

00:29:49,460 --> 00:29:47,370

our newsletter and follow us on Twitter

665

00:29:50,990 --> 00:29:49,470

don't forget to do that too so you can

666

00:29:54,320 --> 00:29:51,000

keep up with all the crazy stuff we're

667

00:29:54,899 --> 00:29:54,330

doing and sending your way so stay tuned

668

00:29:56,879 --> 00:29:54,909

every

669

00:30:01,560 --> 00:29:56,889

you are listening to Supernatural girls

670

00:30:03,749 --> 00:30:01,570

radio we'll be right back welcome back

671

00:30:06,629 --> 00:30:03,759

everyone to Supernatural girls radio I'm

672

00:30:10,080 --> 00:30:06,639

your host Patricia Baker I am here with

673

00:30:13,529 --> 00:30:10,090

my co-host PK and our guest Laura who is

674

00:30:16,649 --> 00:30:13,539

talking us through the prosperity spell

675

00:30:18,389 --> 00:30:16,659

with a cauldron and this is what we're

676

00:30:21,119 --> 00:30:18,399

learning how to do tonight so we've got

677

00:30:23,430 --> 00:30:21,129

a few steps under control so far tonight

678

00:30:26,820 --> 00:30:23,440

it's kind of the full moon we can still

679

00:30:29,820 --> 00:30:26,830

use the energy of this in the sky it's a

680

00:30:34,310 --> 00:30:29,830

manifest we've got coins in the cauldron

681

00:30:36,869 --> 00:30:34,320

we've got basil cinnamon allspice and

682

00:30:40,139 --> 00:30:36,879

what other magical ingredients do we

683

00:30:42,299 --> 00:30:40,149

need well you you if you like the dry

684

00:30:44,639 --> 00:30:42,309

method you can just mix those things in

685

00:30:47,279 --> 00:30:44,649

there together and stir them with your

686

00:30:49,950 --> 00:30:47,289

hand clockwise in the cauldron clockwise

687

00:30:51,419 --> 00:30:49,960

is the direction of increasing and that

688

00:30:53,039 --> 00:30:51,429

way you're also getting the herbs on

689

00:30:54,930 --> 00:30:53,049

your hands and rubbing it through and

690

00:30:56,639 --> 00:30:54,940

you can flip them all into a little

691

00:30:58,499 --> 00:30:56,649

pouch after that just focusing on what

692

00:31:00,060 --> 00:30:58,509

you want to do some people like a little

693

00:31:03,180 --> 00:31:00,070

bit more they like to let something on

694

00:31:05,159 --> 00:31:03,190

fire and like the idea of brewing things

695

00:31:07,379 --> 00:31:05,169

in there so you could also in addition

696

00:31:10,139 --> 00:31:07,389

to putting the coins down and putting

697

00:31:11,759 --> 00:31:10,149

the herbs in is put some water into the

698

00:31:14,479 --> 00:31:11,769

culture and you can think okay this is

699

00:31:16,950 --> 00:31:14,489

the water that's going to add you know

700

00:31:19,469 --> 00:31:16,960

rehydrate my life and add new prosperity

701  
00:31:21,419 --> 00:31:19,479  
and so you can add that in and then stir

702  
00:31:27,180 --> 00:31:21,429  
the water with the herbs and the coins

703  
00:31:30,989 --> 00:31:27,190  
and then lastly that's he like this is

704  
00:31:38,970 --> 00:31:30,999  
for the pyromaniacs out there a little

705  
00:31:45,479 --> 00:31:43,219  
[Laughter]

706  
00:31:47,219 --> 00:31:45,489  
there's a nice way to combining the

707  
00:31:49,739 --> 00:31:47,229  
water in the fire you can put the tea

708  
00:31:52,169 --> 00:31:49,749  
light right in the water and set that on

709  
00:31:54,690 --> 00:31:52,179  
fire right so that warehouse you have

710  
00:31:57,089 --> 00:31:54,700  
the earth aspects of the the Purves

711  
00:31:58,349 --> 00:31:57,099  
you have the the metal of both the

712  
00:32:00,060 --> 00:31:58,359  
cauldron and the coins that you're

713  
00:32:01,710 --> 00:32:00,070

working with the water and there and

714

00:32:03,389 --> 00:32:01,720

then you have the fire and then air is

715

00:32:05,489 --> 00:32:03,399

all around you because if I cannot work

716

00:32:08,070 --> 00:32:05,499

without without the presence of air of

717

00:32:08,880 --> 00:32:08,080

course and so you can light that and

718

00:32:10,620 --> 00:32:08,890

focus on your

719

00:32:12,450 --> 00:32:10,630

tension and so that would be how do you

720

00:32:15,870 --> 00:32:12,460

want to be prosperous what do you want

721

00:32:17,130 --> 00:32:15,880

to draw to you and like that and in the

722

00:32:19,320 --> 00:32:17,140

book could give you a little a little

723

00:32:20,940 --> 00:32:19,330

chance some people love chance you can

724

00:32:23,210 --> 00:32:20,950

just say to yourself you know I want

725

00:32:25,470 --> 00:32:23,220

yeah I want this new job I want to make

726

00:32:27,720 --> 00:32:25,480

\$50,000 a year I want to have health

727

00:32:30,720 --> 00:32:27,730

care benefits and you can do that but

728

00:32:32,460 --> 00:32:30,730

some people love the ride and so I also

729

00:32:36,150 --> 00:32:32,470

have a little rhyme for you you're into

730

00:32:38,580 --> 00:32:36,160

bribing and that would be yeah Silver's

731

00:32:41,820 --> 00:32:38,590

fights basil and light bring money now

732

00:32:45,920 --> 00:32:41,830

into my site oh I love it

733

00:32:49,260 --> 00:32:45,930

say it again say it again okay dramatic

734

00:32:58,620 --> 00:32:49,270

solar space basil and wait bring money

735

00:33:00,150 --> 00:32:58,630

now and to my site five quarters in

736

00:33:01,740 --> 00:33:00,160

there then you can repeat it five times

737

00:33:04,800 --> 00:33:01,750

so that you feel like you covered them

738

00:33:07,260 --> 00:33:04,810

completely and then I would let the

739

00:33:09,330 --> 00:33:07,270

candle burn down you know safely make

740

00:33:12,660 --> 00:33:09,340

sure you keep an eye on it and then once

741

00:33:15,000 --> 00:33:12,670

you're done you can also sprinkle that

742

00:33:18,360 --> 00:33:15,010

water with herbs by your front door your

743

00:33:20,700 --> 00:33:18,370

back door by your car to also bring that

744

00:33:22,830 --> 00:33:20,710

prosperity to your house your home and

745

00:33:25,260 --> 00:33:22,840

then you carry those quarters or the

746

00:33:26,700 --> 00:33:25,270

dollar coin or pennies with you you know

747

00:33:28,200 --> 00:33:26,710

wherever you're going or you can place

748

00:33:30,660 --> 00:33:28,210

them on an altar if you have an altar

749

00:33:34,170 --> 00:33:30,670

that you can look at every day or sleep

750

00:33:35,940 --> 00:33:34,180

on them if you really want to that it

751  
00:33:38,550 --> 00:33:35,950  
says there's all different kinds of ways

752  
00:33:41,220 --> 00:33:38,560  
to just integrate this energy into your

753  
00:33:42,660 --> 00:33:41,230  
life so you're reminded of your intent

754  
00:33:44,820 --> 00:33:42,670  
you're reminded that you're creating

755  
00:33:46,860 --> 00:33:44,830  
you're co-creating with the universe

756  
00:33:49,800 --> 00:33:46,870  
this is what you want I love this and

757  
00:33:52,020 --> 00:33:49,810  
it's all with good scent I mean like you

758  
00:33:56,010 --> 00:33:52,030  
said PK you love the smell of basil and

759  
00:33:56,610 --> 00:33:56,020  
God yes cinnamon and allspice oh my god

760  
00:33:58,770 --> 00:33:56,620  
yeah

761  
00:34:01,980 --> 00:33:58,780  
so you're creating this environment that

762  
00:34:04,800 --> 00:34:01,990  
just keeps you in the mindset I guess

763  
00:34:08,040 --> 00:34:04,810

this is what I'm creating exactly it's

764

00:34:09,750 --> 00:34:08,050

your football but a lot of people unique

765

00:34:11,940 --> 00:34:09,760

about it often have a negative mindset

766

00:34:14,310 --> 00:34:11,950

and said they're always talking about

767

00:34:16,500 --> 00:34:14,320

what they don't have and how things are

768

00:34:18,960 --> 00:34:16,510

not working for them and it's a bit of

769

00:34:20,550 --> 00:34:18,970

that that poverty complex right that

770

00:34:22,250 --> 00:34:20,560

mindset if you're always looking at what

771

00:34:24,560 --> 00:34:22,260

you don't have it's very hard to bring

772

00:34:27,200 --> 00:34:24,570

and what you do want or you do need into

773

00:34:29,480 --> 00:34:27,210

your life and so today at that time to

774

00:34:31,250 --> 00:34:29,490

smell those herbs and think about that

775

00:34:33,020 --> 00:34:31,260

and really vision about what she won

776

00:34:35,419 --> 00:34:33,030

into your life it's such a good use of

777

00:34:37,790 --> 00:34:35,429

your energy instead of complaining and

778

00:34:39,200 --> 00:34:37,800

whining or just being you know getting

779

00:34:41,000 --> 00:34:39,210

depressed about what you don't have

780

00:34:43,760 --> 00:34:41,010

what's my TV think something you don't

781

00:34:46,310 --> 00:34:43,770

even need so this little switch it's

782

00:34:48,169 --> 00:34:46,320

simple but it is a lot of work for

783

00:34:50,990 --> 00:34:48,179

people who have a very negative outlook

784

00:34:53,389 --> 00:34:51,000

on things and then I would think though

785

00:34:56,000 --> 00:34:53,399

Laura that for a lot of people who do

786

00:34:59,240 --> 00:34:56,010

want something better for themselves

787

00:35:02,240 --> 00:34:59,250

that the cauldron can become that vessel

788

00:35:04,790 --> 00:35:02,250

of transformation easily right because

789

00:35:07,610 --> 00:35:04,800

it helps to focus I mean you put your

790

00:35:10,340 --> 00:35:07,620

mind in a different space when you have

791

00:35:12,800 --> 00:35:10,350

that cauldron there with you right you

792

00:35:15,020 --> 00:35:12,810

have this new centuries of thinking

793

00:35:17,000 --> 00:35:15,030

about you know sitting down in front of

794

00:35:18,950 --> 00:35:17,010

the cauldron and putting elements into

795

00:35:21,860 --> 00:35:18,960

it whether you are practicing witch or

796

00:35:23,810 --> 00:35:21,870

you've just seen you know Macbeth or any

797

00:35:26,180 --> 00:35:23,820

Disney movie with a witch right we have

798

00:35:28,760 --> 00:35:26,190

this cultural connection to the culture

799

00:35:30,800 --> 00:35:28,770

net something special is going to happen

800

00:35:32,510 --> 00:35:30,810

once I put these things into that and

801  
00:35:35,300 --> 00:35:32,520  
that's that's part of the thing is to

802  
00:35:37,340 --> 00:35:35,310  
excite and fascinate the mind so that it

803  
00:35:41,420 --> 00:35:37,350  
is inspired to help you do the things

804  
00:35:43,040 --> 00:35:41,430  
you want to do exactly exactly so this

805  
00:35:45,190 --> 00:35:43,050  
so mind it can be done

806  
00:35:49,130 --> 00:35:45,200  
when you have a focus like that go ahead

807  
00:35:51,170 --> 00:35:49,140  
do you find that by utilizing these that

808  
00:35:53,630 --> 00:35:51,180  
that it is enhanced what you do and how

809  
00:35:57,920 --> 00:35:53,640  
you do it the more you do that the more

810  
00:35:59,900 --> 00:35:57,930  
you want to do yes right anything you

811  
00:36:02,600 --> 00:35:59,910  
want to do in Excel that you have to do

812  
00:36:04,250 --> 00:36:02,610  
it regularly and you know for the first

813  
00:36:06,470 --> 00:36:04,260

person first time someone's doing a

814

00:36:07,760 --> 00:36:06,480

spell he might feel a little silly but

815

00:36:11,030 --> 00:36:07,770

think of all the things we did

816

00:36:13,250 --> 00:36:11,040

make-believe as a child gosh yes that

817

00:36:15,020 --> 00:36:13,260

was so easy we have lost so much

818

00:36:16,700 --> 00:36:15,030

something that happens after I don't

819

00:36:19,360 --> 00:36:16,710

know seven eight or nine we've come

820

00:36:22,430 --> 00:36:19,370

teenagers and all sudden a little know

821

00:36:25,640 --> 00:36:22,440

we lose our magic we lose that ability

822

00:36:28,790 --> 00:36:25,650

to think about possibilities or some of

823

00:36:30,350 --> 00:36:28,800

us do as an artist I always had art

824

00:36:32,660 --> 00:36:30,360

training and so that's always been my

825

00:36:34,670 --> 00:36:32,670

imagination has been very active into

826

00:36:36,230 --> 00:36:34,680

you to see something and manifest it

827

00:36:38,540 --> 00:36:36,240

from a pencil

828

00:36:40,550 --> 00:36:38,550

and some paints right to make something

829

00:36:42,859 --> 00:36:40,560

happen and witchcraft is not that

830

00:36:45,050 --> 00:36:42,869

different and you're still working with

831

00:36:47,990 --> 00:36:45,060

those same things of taking nothing and

832

00:36:50,060 --> 00:36:48,000

make it into something bigger or just

833

00:36:52,520 --> 00:36:50,070

taking a few raw elements and making

834

00:36:55,210 --> 00:36:52,530

into your finished stew your spell

835

00:36:58,700 --> 00:36:55,220

whatever you're creating mm-hmm

836

00:37:00,380 --> 00:36:58,710

wonderful yeah we do have a question for

837

00:37:02,599 --> 00:37:00,390

you from the chat room from Christie

838

00:37:05,570 --> 00:37:02,609

Christie's asking where would you

839

00:37:09,140 --> 00:37:05,580

purchase or how can you create veste

840

00:37:13,849 --> 00:37:09,150

powder whatever that is so festive

841

00:37:15,770 --> 00:37:13,859

powder is a brand that you'll find in

842

00:37:17,630 --> 00:37:15,780

many different either hoodoo and

843

00:37:20,320 --> 00:37:17,640

different kind of limit shops will sell

844

00:37:23,630 --> 00:37:20,330

it it's a mixture of saltpeter and

845

00:37:28,250 --> 00:37:23,640

cornmeal or cornstarch and it causes a

846

00:37:30,079 --> 00:37:28,260

little poof ah so if you look up if you

847

00:37:32,570 --> 00:37:30,089

just look up festive powder you'll find

848

00:37:34,880 --> 00:37:32,580

links on Amazon and as we're green and

849

00:37:36,560 --> 00:37:34,890

various things but there's also a lot of

850

00:37:37,460 --> 00:37:36,570

links to show you how to do it you do

851

00:37:39,440 --> 00:37:37,470

want to be careful though because

852

00:37:41,060 --> 00:37:39,450

rattling saltpeter which is flammable

853

00:37:45,740 --> 00:37:41,070

you know it's not very good to have in

854

00:37:47,390 --> 00:37:45,750

contact your skin so be smart don't

855

00:37:51,320 --> 00:37:47,400

handle things that are dangerous use

856

00:37:52,940 --> 00:37:51,330

gloves safe environments but it's it's

857

00:37:54,650 --> 00:37:52,950

mainly a nice effect

858

00:37:57,230 --> 00:37:54,660

you know it's calm vest of powder

859

00:37:59,329 --> 00:37:57,240

because it's working with vexed or heavy

860

00:38:01,310 --> 00:37:59,339

yeah if you want to go a little bit more

861

00:38:04,910 --> 00:38:01,320

onto the greed side of working with the

862

00:38:06,620 --> 00:38:04,920

heart goddess but heart deities you can

863

00:38:08,690 --> 00:38:06,630

work with them in any kind of element

864

00:38:11,240 --> 00:38:08,700

they love food they love fire I mean

865

00:38:14,300 --> 00:38:11,250

that's that's that's your jam as deities

866

00:38:17,930 --> 00:38:14,310

so you don't need to have a big poof to

867

00:38:19,910 --> 00:38:17,940

to make it work but that's more of your

868

00:38:23,390 --> 00:38:19,920

magician showmanship right we love that

869

00:38:27,380 --> 00:38:23,400

kind of Fantasia I set up the thing on

870

00:38:29,089 --> 00:38:27,390

fire yeah there's actually a reverend

871

00:38:31,370 --> 00:38:29,099

Phillip Kessler has a little recipe

872

00:38:34,130 --> 00:38:31,380

contributed to the book about using

873

00:38:36,890 --> 00:38:34,140

alcohol and salt to get that burning

874

00:38:38,300 --> 00:38:36,900

cauldron effect I don't like to burn too

875

00:38:40,339 --> 00:38:38,310

many things in my college and I should

876

00:38:43,670 --> 00:38:40,349

don't yeah I love lighting candles and

877

00:38:45,950 --> 00:38:43,680

doing small fires but it'll often just

878

00:38:48,230 --> 00:38:45,960

set things on fire if cats I have a lot

879

00:38:49,180 --> 00:38:48,240

of flammable things and so I will rather

880

00:38:51,400 --> 00:38:49,190

go for

881

00:38:52,930 --> 00:38:51,410

the intent versus just setting things on

882

00:38:57,609 --> 00:38:52,940

fire for that I'm already there

883

00:38:59,650 --> 00:38:57,619

well because uh yeah exactly exactly

884

00:39:05,160 --> 00:38:59,660

now you mentioned a couple places where

885

00:39:08,140 --> 00:39:05,170

you could buy these types of things so I

886

00:39:11,920 --> 00:39:08,150

always recommend wherever you look to

887

00:39:14,950 --> 00:39:11,930

look on which box that's witc hvo XCOM

888

00:39:17,529 --> 00:39:14,960

and that is a website that has resources

889

00:39:20,380 --> 00:39:17,539

for for pagans for witches Wiccans etc

890

00:39:21,880 --> 00:39:20,390

all over the world and they'll people

891

00:39:25,509 --> 00:39:21,890

have listed by group so they also have

892

00:39:26,890 --> 00:39:25,519

listings for shops so I I always

893

00:39:28,569 --> 00:39:26,900

recommend if you've got you would be

894

00:39:30,729 --> 00:39:28,579

surprised I have been all over the

895

00:39:32,289 --> 00:39:30,739

country this year and in some of the

896

00:39:34,630 --> 00:39:32,299

strangest little spots you wouldn't

897

00:39:36,370 --> 00:39:34,640

expect there are places where you can

898

00:39:39,670 --> 00:39:36,380

get supplies for witchcraft

899

00:39:41,410 --> 00:39:39,680

so check out and see you guys something

900

00:39:43,479 --> 00:39:41,420

close to you otherwise you cannot you

901  
00:39:45,880 --> 00:39:43,489  
can go online as your Green has been

902  
00:39:47,349 --> 00:39:45,890  
around forever and they used to have a

903  
00:39:48,940 --> 00:39:47,359  
wonderful catalog and if they've still

904  
00:39:51,759 --> 00:39:48,950  
have a physical catalog because we're in

905  
00:39:53,979 --> 00:39:51,769  
the digital age but they carry a whole

906  
00:39:56,890 --> 00:39:53,989  
variety of things but alright alright

907  
00:39:58,299 --> 00:39:56,900  
you're in this town yep that's right

908  
00:40:00,239 --> 00:39:58,309  
there are there in Massachusetts oh

909  
00:40:04,150 --> 00:40:00,249  
that's right down the road from you

910  
00:40:05,799 --> 00:40:04,160  
right up the road yeah I kept thinking

911  
00:40:07,989 --> 00:40:05,809  
the name sounded familiar now I know why

912  
00:40:10,089 --> 00:40:07,999  
you know why and they don't have a

913  
00:40:11,859 --> 00:40:10,099

catalogue printed catalogue anymore but

914

00:40:14,859 --> 00:40:11,869

you're right they do have everything

915

00:40:17,319 --> 00:40:14,869

online so people can go and purchase

916

00:40:19,809 --> 00:40:17,329

directly and they also supply a lot of

917

00:40:22,329 --> 00:40:19,819

the stores in the world that are selling

918

00:40:24,759 --> 00:40:22,339

New Age and wicker supplies so it is a

919

00:40:26,859 --> 00:40:24,769

good reliable place to go also for those

920

00:40:30,180 --> 00:40:26,869

types of things I know I've seen their

921

00:40:33,880 --> 00:40:30,190

faultless also I've seen some rabbit eye

922

00:40:36,759 --> 00:40:33,890

cauldrons there's also the mystic dream

923

00:40:38,470 --> 00:40:36,769

and bay area I believe you may be storm

924

00:40:41,079 --> 00:40:38,480

storm fairy woof and Devon hunter and

925

00:40:42,789 --> 00:40:41,089

Chazz they have a wonderful line of

926  
00:40:45,609 --> 00:40:42,799  
things if you're not the bearing you can

927  
00:40:47,529 --> 00:40:45,619  
get online and so many little shops of

928  
00:40:49,120 --> 00:40:47,539  
course places in Salem like enchanted

929  
00:40:52,779 --> 00:40:49,130  
you know everybody tends to have their

930  
00:40:54,549 --> 00:40:52,789  
own mix of little herb packets or let

931  
00:40:58,410 --> 00:40:54,559  
your blendings of incense that you can

932  
00:41:00,549 --> 00:40:58,420  
use so yeah I like to make my own but

933  
00:41:01,900 --> 00:41:00,559  
you know if you don't have the time

934  
00:41:02,710 --> 00:41:01,910  
there's nothing wrong with supporting

935  
00:41:04,210 --> 00:41:02,720  
somebody

936  
00:41:06,550 --> 00:41:04,220  
makes I think that's a great way of

937  
00:41:08,050 --> 00:41:06,560  
doing it you know leave it to the

938  
00:41:10,120 --> 00:41:08,060

experts if you don't want to work with

939

00:41:13,330 --> 00:41:10,130

that you know if you want to have a huge

940

00:41:17,020 --> 00:41:13,340

store of oils or herbs or very dangerous

941

00:41:19,330 --> 00:41:17,030

chemicals right exactly yeah do you know

942

00:41:20,320 --> 00:41:19,340

if it's an oil ok I'm sorry Patricia go

943

00:41:22,359 --> 00:41:20,330

ahead no that's okay

944

00:41:24,190 --> 00:41:22,369

I I'm just saying what we've just talked

945

00:41:26,859 --> 00:41:24,200

about a prosperity spell so that's about

946

00:41:28,480 --> 00:41:26,869

my manifesting something which okay now

947

00:41:32,230 --> 00:41:28,490

gonna do this spell tonight and we're

948

00:41:34,720 --> 00:41:32,240

gonna have fun with it but what about if

949

00:41:36,970 --> 00:41:34,730

you want to get rid of something can you

950

00:41:40,630 --> 00:41:36,980

use the cauldron to get rid of something

951

00:41:42,370 --> 00:41:40,640

yes that would be what I like to set

952

00:41:45,010 --> 00:41:42,380

things on fire that would be the the

953

00:41:48,490 --> 00:41:45,020

time to set something on fire and so

954

00:41:54,400 --> 00:41:48,500

Lori Cara I'm banishing spell let's say

955

00:41:57,190 --> 00:41:54,410

what do we want to get rid of that's

956

00:41:59,560 --> 00:41:57,200

somebody who's bothering you harassing

957

00:42:01,150 --> 00:41:59,570

you or trying to do something they

958

00:42:03,070 --> 00:42:01,160

shouldn't be doing to you what do you do

959

00:42:04,900 --> 00:42:03,080

about that I'm gonna I'm gonna give you

960

00:42:07,780 --> 00:42:04,910

two because I feel like people today

961

00:42:08,560 --> 00:42:07,790

could use both of these variations okay

962

00:42:12,670 --> 00:42:08,570

great

963

00:42:15,250 --> 00:42:12,680

so let's say you have somebody who you

964

00:42:16,599 --> 00:42:15,260

still need them in your life but you

965

00:42:20,710 --> 00:42:16,609

just don't want you want them to leave

966

00:42:22,960 --> 00:42:20,720

you alone burbot okay and so for that I

967

00:42:24,670 --> 00:42:22,970

would either take a photo of them you

968

00:42:26,410 --> 00:42:24,680

can print out a photo or you can write

969

00:42:27,910 --> 00:42:26,420

their name on a piece of paper just a

970

00:42:31,540 --> 00:42:27,920

neo scrap paper doesn't really matter

971

00:42:33,010 --> 00:42:31,550

too much uh and if you want it you know

972

00:42:34,329 --> 00:42:33,020

get into your college and you can put

973

00:42:37,570 --> 00:42:34,339

some water in there you can put some

974

00:42:39,190 --> 00:42:37,580

salt and your your favorite vanishing

975

00:42:41,680 --> 00:42:39,200

herb which I might use a little bit of

976  
00:42:44,200 --> 00:42:41,690  
room or vervain to kind of calm things

977  
00:42:46,390 --> 00:42:44,210  
down a bit in there and to protect mix

978  
00:42:48,099 --> 00:42:46,400  
them up put that little mixture so you

979  
00:42:51,040 --> 00:42:48,109  
make sure your bag is nice and in wet

980  
00:42:54,220 --> 00:42:51,050  
and then fold up that piece of paper and

981  
00:42:56,950 --> 00:42:54,230  
into a little ziploc bag and then put it

982  
00:43:00,280 --> 00:42:56,960  
in the freezer okay

983  
00:43:02,440 --> 00:43:00,290  
this is a bit putting them on ice right

984  
00:43:04,450 --> 00:43:02,450  
and so that's a big right you're you're

985  
00:43:07,300 --> 00:43:04,460  
actually putting them on ice you're

986  
00:43:09,339 --> 00:43:07,310  
keeping them out of your life hopefully

987  
00:43:10,329 --> 00:43:09,349  
and then you know just as long as

988  
00:43:14,310 --> 00:43:10,339

somebody is to take it out and be

989

00:43:16,059 --> 00:43:14,320

crossed it why are they back in my life

990

00:43:18,670 --> 00:43:16,069

that was

991

00:43:20,799 --> 00:43:18,680

day in the okay so do you need a

992

00:43:23,049 --> 00:43:20,809

cauldron for that or not or your freezer

993

00:43:24,489 --> 00:43:23,059

becomes your cauldron your freezer does

994

00:43:27,180 --> 00:43:24,499

become your culture but you can do the

995

00:43:30,069 --> 00:43:27,190

initial mixing of the water the salts

996

00:43:31,479 --> 00:43:30,079

doing a little bit of herbs or essential

997

00:43:33,759 --> 00:43:31,489

oils as well if you don't have the

998

00:43:36,609 --> 00:43:33,769

Earth's you're giving that our aromatic

999

00:43:38,229 --> 00:43:36,619

smell to it dip it all in there stir it

1000

00:43:39,699 --> 00:43:38,239

up and actually what I would do if I'm

1001  
00:43:42,819 --> 00:43:39,709  
going to work in the cauldron I would

1002  
00:43:46,120 --> 00:43:42,829  
also stir it counterclockwise okay so

1003  
00:43:48,069 --> 00:43:46,130  
how about that counter clockwise want to

1004  
00:43:52,150 --> 00:43:48,079  
be banished you want it to go away

1005  
00:43:55,109 --> 00:43:52,160  
so okay so you go this way that paper in

1006  
00:43:58,209 --> 00:43:55,119  
there get it all good put in the bag

1007  
00:43:59,890 --> 00:43:58,219  
there you now it's let's say you have

1008  
00:44:02,650 --> 00:43:59,900  
somebody you really do want to get rid

1009  
00:44:04,089 --> 00:44:02,660  
of out of your life so maybe it's an ex

1010  
00:44:05,799 --> 00:44:04,099  
that you don't need in your life or

1011  
00:44:06,729 --> 00:44:05,809  
somebody any cues just been bothering

1012  
00:44:08,589 --> 00:44:06,739  
you that you're you don't you're not

1013  
00:44:11,949 --> 00:44:08,599

related to them you don't need them to

1014

00:44:13,900 --> 00:44:11,959

hang around and so for that you can take

1015

00:44:16,420 --> 00:44:13,910

again a piece of paper with their photo

1016

00:44:18,910 --> 00:44:16,430

on it or you can take a piece of paper

1017

00:44:21,759 --> 00:44:18,920

and write their name on it and then I

1018

00:44:23,859 --> 00:44:21,769

would gather up some string and I'd fold

1019

00:44:25,479 --> 00:44:23,869

that piece of paper roll it up tie it

1020

00:44:27,880 --> 00:44:25,489

string around it and it can be just

1021

00:44:30,309 --> 00:44:27,890

regular string if you like red you can

1022

00:44:33,249 --> 00:44:30,319

also use red or black some people really

1023

00:44:35,319 --> 00:44:33,259

like those colors as well and think

1024

00:44:37,479 --> 00:44:35,329

about tie that up this is where the

1025

00:44:39,729 --> 00:44:37,489

binding aspect comes in that you're you

1026  
00:44:43,390 --> 00:44:39,739  
know keeping them contained into their

1027  
00:44:44,829 --> 00:44:43,400  
space as you wrap it up and then what

1028  
00:44:49,660 --> 00:44:44,839  
you can do is put it into your cauldron

1029  
00:44:51,249 --> 00:44:49,670  
and set it on fire and then once it has

1030  
00:44:52,509 --> 00:44:51,259  
fully burned you're gonna take those

1031  
00:44:55,569 --> 00:44:52,519  
ashes and you're going to spread them

1032  
00:44:59,949 --> 00:44:55,579  
outside away from your place which would

1033  
00:45:02,049 --> 00:44:59,959  
be totally nowhere close by okay so not

1034  
00:45:04,479 --> 00:45:02,059  
on you're not on your own property

1035  
00:45:06,039 --> 00:45:04,489  
somewhere else yeah you want to you want

1036  
00:45:07,959 --> 00:45:06,049  
to take it away and what you're doing in

1037  
00:45:09,910 --> 00:45:07,969  
that combination if you hide that you

1038  
00:45:12,880 --> 00:45:09,920

know focusing them onto that piece of

1039

00:45:15,160 --> 00:45:12,890

paper you then are tying them up so that

1040

00:45:17,170 --> 00:45:15,170

you're removing that influence your you

1041

00:45:19,180 --> 00:45:17,180

know somebody's restrained

1042

00:45:20,680 --> 00:45:19,190

right who's draining them this is your

1043

00:45:21,939 --> 00:45:20,690

restraining order because it's very hard

1044

00:45:25,269 --> 00:45:21,949

to get restraining order so most women

1045

00:45:27,309 --> 00:45:25,279

know nowadays that's right all right so

1046

00:45:28,810 --> 00:45:27,319

you tied it up and then you set it on

1047

00:45:30,790 --> 00:45:28,820

fire because you're releasing

1048

00:45:32,380 --> 00:45:30,800

and making it go away but those ashes

1049

00:45:33,850 --> 00:45:32,390

you know what that hanging around right

1050

00:45:35,590 --> 00:45:33,860

you don't want that you want the body

1051

00:45:39,010 --> 00:45:35,600

still on your property you want it to go

1052

00:45:41,920 --> 00:45:39,020

off somewhere else so moving water is a

1053

00:45:43,330 --> 00:45:41,930

great way some people like swamps

1054

00:45:44,830 --> 00:45:43,340

because they're like well I was going to

1055

00:45:48,550 --> 00:45:44,840

dump them into the swamp because that's

1056

00:45:51,910 --> 00:45:48,560

where they belong and what you want to

1057

00:45:56,140 --> 00:45:51,920

do but I like how about a commode yeah

1058

00:45:59,110 --> 00:45:56,150

yeah um I got to get deep into various

1059

00:46:00,880 --> 00:45:59,120

recent spill work that have blown up the

1060

00:46:04,150 --> 00:46:00,890

internet but I had a friend who used

1061

00:46:07,030 --> 00:46:04,160

that and did use the commode and then

1062

00:46:08,590 --> 00:46:07,040

flushed so you you could go down that

1063

00:46:12,490 --> 00:46:08,600

way I mean that's adding a few other

1064

00:46:14,170 --> 00:46:12,500

layers to it yeah but that if you just

1065

00:46:16,330 --> 00:46:14,180

cut it you don't you don't want me none

1066

00:46:17,950 --> 00:46:16,340

of this is going to hurt anybody no I

1067

00:46:19,780 --> 00:46:17,960

don't mean everything that you're just

1068

00:46:22,210 --> 00:46:19,790

removing their influence out of your

1069

00:46:24,310 --> 00:46:22,220

life and I like the idea of putting them

1070

00:46:27,670 --> 00:46:24,320

into running water so that they move out

1071

00:46:29,980 --> 00:46:27,680

of your life mm-hmm so okay so the

1072

00:46:30,520 --> 00:46:29,990

running water helps it how about energy

1073

00:46:32,500 --> 00:46:30,530

move away

1074

00:46:34,270 --> 00:46:32,510

what about driving down the road and

1075

00:46:36,370 --> 00:46:34,280

opening the window and letting the ashes

1076

00:46:38,740 --> 00:46:36,380

fly out wherever they go there you go

1077

00:46:45,640 --> 00:46:38,750

as long as it doesn't blow it back in

1078

00:46:47,260 --> 00:46:45,650

your face let's stop there did they've

1079

00:46:53,470 --> 00:46:47,270

heard too many stories of people

1080

00:46:57,550 --> 00:46:53,480

especially witness and then she blew

1081

00:47:00,010 --> 00:46:57,560

back in my face I mean yeah if you if

1082

00:47:01,540 --> 00:47:00,020

you carefully dump it out somewhere else

1083

00:47:03,550 --> 00:47:01,550

where it's not gonna blow back at you

1084

00:47:08,530 --> 00:47:03,560

that's that's really good so again we're

1085

00:47:11,320 --> 00:47:08,540

going to help because it's now tell us

1086

00:47:13,480 --> 00:47:11,330

again Laura what herb would you use when

1087

00:47:15,190 --> 00:47:13,490

you're banishing somebody when you you

1088

00:47:17,530 --> 00:47:15,200

don't want them in your energy anymore

1089

00:47:20,410 --> 00:47:17,540

or in your life anymore what's the herb

1090

00:47:25,210 --> 00:47:20,420

that would go with that I I like I like

1091

00:47:27,250 --> 00:47:25,220

Roo Roo again okay all right or were

1092

00:47:28,630 --> 00:47:27,260

vain some people like patchouli because

1093

00:47:31,150 --> 00:47:28,640

it's also a cleansing herbs so they

1094

00:47:33,310 --> 00:47:31,160

think of that sense of it smells good

1095

00:47:35,800 --> 00:47:33,320

you get that back in there and then

1096

00:47:40,210 --> 00:47:35,810

you're cleansing with it so mm-hmm

1097

00:47:41,740 --> 00:47:40,220

you can use a few different ones so yeah

1098

00:47:42,700 --> 00:47:41,750

that's why I go the other thing you do

1099

00:47:43,870 --> 00:47:42,710

want to be careful of

1100

00:47:45,130 --> 00:47:43,880

you don't want to be sticking your face

1101  
00:47:47,140 --> 00:47:45,140  
on top of these things while you're

1102  
00:47:48,910 --> 00:47:47,150  
burning them as well and do used a

1103  
00:47:50,530 --> 00:47:48,920  
ventilated area when you're burning any

1104  
00:47:53,650 --> 00:47:50,540  
kind of room can be a little dangerous

1105  
00:47:56,260 --> 00:47:53,660  
to handle especially fresh brew so

1106  
00:48:00,550 --> 00:47:56,270  
because it can cause reactions in your

1107  
00:48:02,079 --> 00:48:00,560  
skin oh okay careful don't you know be

1108  
00:48:03,880 --> 00:48:02,089  
like I just could have put my face over

1109  
00:48:06,839 --> 00:48:03,890  
this does I set it on fire and you won't

1110  
00:48:10,990 --> 00:48:06,849  
only guide your eyebrows you will also

1111  
00:48:14,980 --> 00:48:11,000  
do some damage so magic can be dangerous

1112  
00:48:17,440 --> 00:48:14,990  
but not for the reasons people write so

1113  
00:48:20,290 --> 00:48:17,450

be careful with some of these things on

1114

00:48:22,950 --> 00:48:20,300

some of these flammable things but

1115

00:48:26,770 --> 00:48:22,960

that's really I think it's a nice way to

1116

00:48:28,390 --> 00:48:26,780

say no to somebody's energy where you're

1117

00:48:31,390 --> 00:48:28,400

feeling bothered by them for whatever

1118

00:48:34,690 --> 00:48:31,400

reason and like you said without harming

1119

00:48:37,450 --> 00:48:34,700

them without wishing them it will but

1120

00:48:41,710 --> 00:48:37,460

just it's an interesting energetic way

1121

00:48:43,720 --> 00:48:41,720

to create a very good strong magical

1122

00:48:45,550 --> 00:48:43,730

boundary that's gonna transcend time and

1123

00:48:47,680 --> 00:48:45,560

space so that you're not bothered

1124

00:48:49,780 --> 00:48:47,690

anymore I think it's a wonderful tool

1125

00:48:52,570 --> 00:48:49,790

for women to have like you mentioned in

1126

00:48:54,670 --> 00:48:52,580

this day and age restraining orders

1127

00:48:56,530 --> 00:48:54,680

you know only reasonable people pay

1128

00:48:58,599 --> 00:48:56,540

attention to those and clearly there are

1129

00:49:02,380 --> 00:48:58,609

a lot of unreasonable people out there

1130

00:49:05,589 --> 00:49:02,390

so if you can effect a positive change

1131

00:49:07,210 --> 00:49:05,599

with a ritual like this then it makes

1132

00:49:09,520 --> 00:49:07,220

sense to do that it's to your advantage

1133

00:49:10,000 --> 00:49:09,530

especially as a woman it's to your

1134

00:49:12,370 --> 00:49:10,010

advantage

1135

00:49:16,030 --> 00:49:12,380

I think to do something like that and

1136

00:49:18,520 --> 00:49:16,040

use this age-old symbol the cauldron to

1137

00:49:21,490 --> 00:49:18,530

help create your spell it's I think it's

1138

00:49:23,200 --> 00:49:21,500

one that's wonderful there's so many

1139

00:49:25,150 --> 00:49:23,210

ways to use the cauldron we got to get

1140

00:49:27,880 --> 00:49:25,160

to these PK where are you I can't see

1141

00:49:30,730 --> 00:49:27,890

you anymore I'm right here where are you

1142

00:49:32,410 --> 00:49:30,740

I am here there you go

1143

00:49:48,040 --> 00:49:32,420

okay I see you but now I can't see you

1144

00:49:49,930 --> 00:49:48,050

Laura too much grew into much so now

1145

00:49:52,930 --> 00:49:49,940

there's so many more things we can do

1146

00:49:54,910 --> 00:49:52,940

with the cauldron what about ancestor

1147

00:49:56,500 --> 00:49:54,920

magic because I know that's a big one

1148

00:50:00,640 --> 00:49:56,510

and here's the cauldron

1149

00:50:02,530 --> 00:50:00,650

as a symbol of such a old tradition what

1150

00:50:04,860 --> 00:50:02,540

about calling on your ancestors when

1151  
00:50:07,330 --> 00:50:04,870  
you're doing magic with the cauldron

1152  
00:50:11,290 --> 00:50:07,340  
right there are some many different ways

1153  
00:50:13,690 --> 00:50:11,300  
in in my own family my grandmother has

1154  
00:50:15,160 --> 00:50:13,700  
passed and I can think of but we come

1155  
00:50:17,230 --> 00:50:15,170  
from a formidable line I know a little

1156  
00:50:19,510 --> 00:50:17,240  
Italian and Sicilian women on my

1157  
00:50:22,000 --> 00:50:19,520  
mother's side and I can think of them in

1158  
00:50:25,720 --> 00:50:22,010  
the kitchen all right that's the classic

1159  
00:50:28,990 --> 00:50:25,730  
Italian that's right little grandmom in

1160  
00:50:33,280 --> 00:50:29,000  
the kitchen and so what any time I'm

1161  
00:50:35,140 --> 00:50:33,290  
making pasta putting the the water and

1162  
00:50:37,510 --> 00:50:35,150  
the oil and the salt or I'm making the

1163  
00:50:39,700 --> 00:50:37,520

sauce I'm thinking about being back in

1164

00:50:42,190 --> 00:50:39,710

grandma's kitchen you know and making

1165

00:50:44,440 --> 00:50:42,200

that meal and so that making the meal

1166

00:50:46,870 --> 00:50:44,450

not only mem am i nourishing myself or

1167

00:50:49,690 --> 00:50:46,880

my family or friends I am calling upon

1168

00:50:50,440 --> 00:50:49,700

that spirit of my grandparents to be

1169

00:50:54,490 --> 00:50:50,450

there with me

1170

00:50:55,750 --> 00:50:54,500

my grandfather cooked as well so I think

1171

00:50:59,590 --> 00:50:55,760

actually with coffee hid away

1172

00:51:01,060 --> 00:50:59,600

percolating coffee that that I drink

1173

00:51:03,010 --> 00:51:01,070

coffee when I was little but you know

1174

00:51:05,080 --> 00:51:03,020

you think about that too much that's a

1175

00:51:07,180 --> 00:51:05,090

very active doesn't seem very magical

1176  
00:51:10,870 --> 00:51:07,190  
but it is because you're remembering and

1177  
00:51:16,060 --> 00:51:10,880  
that's me what what what little was it

1178  
00:51:17,710 --> 00:51:16,070  
what was remembered it is yes no and

1179  
00:51:20,650 --> 00:51:17,720  
you're a little girl and you have these

1180  
00:51:23,410 --> 00:51:20,660  
very fond memories of your grandparents

1181  
00:51:25,000 --> 00:51:23,420  
and the nurturing that they gave you and

1182  
00:51:28,420 --> 00:51:25,010  
the wonderful food that they cooked for

1183  
00:51:30,910 --> 00:51:28,430  
you I mean it is magical and so you call

1184  
00:51:35,770 --> 00:51:30,920  
that forth yeah when you do your own

1185  
00:51:39,310 --> 00:51:35,780  
pasta must taste really good see now my

1186  
00:51:40,900 --> 00:51:39,320  
grandmother was Sicilian also my mother

1187  
00:51:42,280 --> 00:51:40,910  
my grandmother taught me how to make her

1188  
00:51:44,290 --> 00:51:42,290

spaghetti sauce my mother could never

1189

00:51:46,000 --> 00:51:44,300

make it like my grandmother did so we

1190

00:51:46,720 --> 00:51:46,010

used to go through this show me how she

1191

00:51:48,610 --> 00:51:46,730

did it

1192

00:51:51,040 --> 00:51:48,620

and my grandmother had never measured

1193

00:51:56,440 --> 00:51:51,050

anything in his handfuls pinches you

1194

00:51:58,630 --> 00:51:56,450

know etc but all the fresh herbs and

1195

00:52:00,430 --> 00:51:58,640

such from the garden and when grandma

1196

00:52:02,380 --> 00:52:00,440

can remember as a kid when she would get

1197

00:52:04,000 --> 00:52:02,390

sick or didn't feel what she would get

1198

00:52:06,520 --> 00:52:04,010

these headaches she would go to the

1199

00:52:09,160 --> 00:52:06,530

garden take different herbs lay it on a

1200

00:52:09,930 --> 00:52:09,170

cloth roll the cloth and put it on like

1201

00:52:13,950 --> 00:52:09,940

a headband

1202

00:52:16,710 --> 00:52:13,960

Wow relieves the headaches that's

1203

00:52:18,630 --> 00:52:16,720

amazing they obey men the again the oils

1204

00:52:21,900 --> 00:52:18,640

or the smell helps you release and relax

1205

00:52:26,299 --> 00:52:21,910

right very simple thing so there's no

1206

00:52:29,549 --> 00:52:26,309

side effects how perfect is that how

1207

00:52:31,559 --> 00:52:29,559

miracle I know some of these older

1208

00:52:33,180 --> 00:52:31,569

traditions that we're bringing back you

1209

00:52:35,039 --> 00:52:33,190

know it's like yeah and again it's a

1210

00:52:36,599 --> 00:52:35,049

witch you know you've never lost touch

1211

00:52:38,640 --> 00:52:36,609

with that lore which is wonderful and

1212

00:52:40,529 --> 00:52:38,650

I'm so we're both so glad to have you on

1213

00:52:44,010 --> 00:52:40,539

the show tonight you bring this back

1214

00:52:46,710 --> 00:52:44,020

loss to our audience because we all need

1215

00:52:47,940 --> 00:52:46,720

to be reminded of these old traditions

1216

00:52:49,950 --> 00:52:47,950

that there are ways we can still

1217

00:52:51,779 --> 00:52:49,960

participate with this and certainly our

1218

00:52:54,180 --> 00:52:51,789

own kitchens are reminiscent of it and

1219

00:52:56,730 --> 00:52:54,190

our grandparents or whoever did these

1220

00:52:58,710 --> 00:52:56,740

wonderful meals for us children but but

1221

00:53:00,930 --> 00:52:58,720

we need to bring them back we need to

1222

00:53:03,779 --> 00:53:00,940

nurture again bring them back with the

1223

00:53:05,640 --> 00:53:03,789

intent we really really do I mean this

1224

00:53:08,670 --> 00:53:05,650

is a wonderful show to have for

1225

00:53:10,620 --> 00:53:08,680

everybody to listen to and to learn how

1226  
00:53:13,170 --> 00:53:10,630  
to create and transform and we've got so

1227  
00:53:15,539 --> 00:53:13,180  
much more to talk about oh my god well

1228  
00:53:19,470 --> 00:53:15,549  
we've gotta take a very short break

1229  
00:53:21,630 --> 00:53:19,480  
again so everybody we are speaking

1230  
00:53:24,720 --> 00:53:21,640  
tonight with a terrific cast her name is

1231  
00:53:26,940 --> 00:53:24,730  
Laura tempt us a cross and she has a

1232  
00:53:29,849 --> 00:53:26,950  
terrific book the cauldron yes she does

1233  
00:53:37,049 --> 00:53:29,859  
read highly recommends these are recipes

1234  
00:53:38,279 --> 00:53:37,059  
that good so we will be back in just a

1235  
00:53:40,950 --> 00:53:38,289  
few minutes everybody

1236  
00:53:43,109 --> 00:53:40,960  
stay tuned your welcome back everyone to

1237  
00:53:47,430 --> 00:53:43,119  
Supernatural girls radio I'm your host

1238  
00:53:50,730 --> 00:53:47,440

Patricia Baker here with my co-host PK

1239

00:53:54,269 --> 00:53:50,740

from Tucson and we have our terrific

1240

00:53:57,450 --> 00:53:54,279

guest tonight Laura tempest sack trough

1241

00:54:00,750 --> 00:53:57,460

she is the author of the witch's

1242

00:54:02,370 --> 00:54:00,760

cauldron and we are learning so much

1243

00:54:05,940 --> 00:54:02,380

tonight about how to use this powerful

1244

00:54:07,799 --> 00:54:05,950

iconic tool to focus to create things to

1245

00:54:11,400 --> 00:54:07,809

get rid of things we are learning it all

1246

00:54:14,549 --> 00:54:11,410

tonight so Laura you just ran out and

1247

00:54:17,190 --> 00:54:14,559

got one of your conference to show us

1248

00:54:18,000 --> 00:54:17,200

what they like show us one of your

1249

00:54:21,299 --> 00:54:18,010

cauldrons

1250

00:54:23,280 --> 00:54:21,309

oh my grab four oh my gosh have a

1251

00:54:27,110 --> 00:54:23,290

collagen problem so

1252

00:54:30,930 --> 00:54:27,120

let's go okay

1253

00:54:39,450 --> 00:54:30,940

okay now that looks like cast-iron yes

1254

00:54:41,700 --> 00:54:39,460

this one is cast-iron okay it's it's a

1255

00:54:43,800 --> 00:54:41,710

good hefty size for doing spout crap

1256

00:54:46,650 --> 00:54:43,810

because you don't need a lot of stuff

1257

00:54:49,200 --> 00:54:46,660

right you'll need to fit put a cup of

1258

00:54:51,120 --> 00:54:49,210

basil or cinnamon or anything that's a

1259

00:54:53,910 --> 00:54:51,130

lot cup of cinnamon is on pot right you

1260

00:54:57,390 --> 00:54:53,920

just need it to do it I know a little

1261

00:54:59,700 --> 00:54:57,400

pinch so that's a lot yeah you don't

1262

00:55:02,640 --> 00:54:59,710

need a whole lot and this is it's great

1263

00:55:04,920 --> 00:55:02,650

it has that lid on there so if you are

1264

00:55:07,800 --> 00:55:04,930

doing a fire you can put the lid on it

1265

00:55:12,110 --> 00:55:07,810

to stop the fire it has a nice little

1266

00:55:14,730 --> 00:55:12,120

handle and it has its little solid feet

1267

00:55:16,470 --> 00:55:14,740

Laura may I ask because you mentioned

1268

00:55:20,070 --> 00:55:16,480

quickly about these herbs you're putting

1269

00:55:22,470 --> 00:55:20,080

in you said a pinch that a cup is there

1270

00:55:24,840 --> 00:55:22,480

a specific amount that should be added

1271

00:55:26,790 --> 00:55:24,850

when you doing this it depends on the

1272

00:55:28,830 --> 00:55:26,800

size of your cauldron so if you want to

1273

00:55:29,970 --> 00:55:28,840

do something big then you might new and

1274

00:55:32,310 --> 00:55:29,980

you're working with a group of people

1275

00:55:33,960 --> 00:55:32,320

then you might want a cup of basil to

1276  
00:55:35,880 --> 00:55:33,970  
mix around and if you're doing a group

1277  
00:55:37,710 --> 00:55:35,890  
prosperity spell but if you just have a

1278  
00:55:40,050 --> 00:55:37,720  
tiny halogen like this in a little pitch

1279  
00:55:40,890 --> 00:55:40,060  
you know just enough for you to have

1280  
00:55:42,570 --> 00:55:40,900  
them no thanks

1281  
00:55:54,560 --> 00:55:42,580  
yeah because they're assuming there's

1282  
00:56:15,690 --> 00:55:54,570  
also comparison size oh how cute Oh

1283  
00:56:16,710 --> 00:56:15,700  
beautiful oh okay as I mentioned earlier

1284  
00:56:20,850 --> 00:56:16,720  
copper cauldrons

1285  
00:56:22,770 --> 00:56:20,860  
Oh beautiful is that so this is one that

1286  
00:56:25,650 --> 00:56:22,780  
actually my editor Alyssia gave to me I

1287  
00:56:28,770 --> 00:56:25,660  
was on tour and it's a lovely it's

1288  
00:56:31,830 --> 00:56:28,780

beautiful it's got little grass feet and

1289

00:56:33,510 --> 00:56:31,840

a handle if I burn something in this I

1290

00:56:36,600 --> 00:56:33,520

want to make sure that it doesn't have a

1291

00:56:39,570 --> 00:56:36,610

lid so yeah I'm going to be here

1292

00:56:42,150 --> 00:56:39,580

where I put it but I'm would most likely

1293

00:56:45,570 --> 00:56:42,160

use water and herbal things for that one

1294

00:56:49,650 --> 00:56:45,580

since its copper but these things you

1295

00:56:52,290 --> 00:56:49,660

can burn incense and heavier things okay

1296

00:56:53,850 --> 00:56:52,300

good and that is helpful to have a lid

1297

00:56:55,980 --> 00:56:53,860

so that if things start to get a little

1298

00:56:58,290 --> 00:56:55,990

out of control you put that lid on and

1299

00:57:01,640 --> 00:56:58,300

you're okay so that's an important thing

1300

00:57:04,890 --> 00:57:01,650

to look for one other question about

1301  
00:57:07,380 --> 00:57:04,900  
covers for cauldrons because with a lot

1302  
00:57:10,590 --> 00:57:07,390  
of magical instruments they say not to

1303  
00:57:13,170 --> 00:57:10,600  
let other people touch them handle them

1304  
00:57:17,040 --> 00:57:13,180  
or even see them so is this the same

1305  
00:57:19,940 --> 00:57:17,050  
hold true for the cauldron I'm gonna say

1306  
00:57:22,590 --> 00:57:19,950  
no I'm very practical with my tools I

1307  
00:57:24,990 --> 00:57:22,600  
feel like they live in my house I work

1308  
00:57:26,760 --> 00:57:25,000  
with them if somebody comes in and just

1309  
00:57:28,380 --> 00:57:26,770  
looks a touches or picks it up it's not

1310  
00:57:30,720 --> 00:57:28,390  
going to change the energy of it because

1311  
00:57:35,700 --> 00:57:30,730  
I know my mother energy is a mess oh

1312  
00:57:36,960 --> 00:57:35,710  
you're the master yes somebody here just

1313  
00:57:38,370 --> 00:57:36,970

like you wouldn't want them in your

1314

00:57:39,870 --> 00:57:38,380

house then you wouldn't want them

1315

00:57:41,850 --> 00:57:39,880

touching any of your stuff kind of thing

1316

00:57:43,440 --> 00:57:41,860

that's kind of the thing somebody has a

1317

00:57:46,890 --> 00:57:43,450

funky energy you don't want them near

1318

00:57:50,100 --> 00:57:46,900

you anyway I have a very practical

1319

00:57:52,830 --> 00:57:50,110

approach to it and the only thing I'd

1320

00:57:54,630 --> 00:57:52,840

say in my tools is my tarot deck is that

1321

00:58:01,110 --> 00:57:54,640

what I do do a reading for somebody I

1322

00:58:03,900 --> 00:58:01,120

shuffle for them shovel yes yeah yeah

1323

00:58:07,590 --> 00:58:03,910

yeah I do those roll em touch my cards

1324

00:58:10,320 --> 00:58:07,600

yeah so that okay well that answers that

1325

00:58:12,020 --> 00:58:10,330

so now there was there's just so much

1326

00:58:14,370 --> 00:58:12,030

more to cover again your book is

1327

00:58:16,440 --> 00:58:14,380

terrific and everybody who's interested

1328

00:58:18,330 --> 00:58:16,450

in learning more about the cauldron how

1329

00:58:21,600 --> 00:58:18,340

to do magic with cauldron this is the

1330

00:58:23,730 --> 00:58:21,610

book to get so it's it's excellent and

1331

00:58:25,530 --> 00:58:23,740

it's easy to read and understand and

1332

00:58:27,900 --> 00:58:25,540

you've got all kinds of tips in there on

1333

00:58:31,320 --> 00:58:27,910

how to use these things properly as well

1334

00:58:33,210 --> 00:58:31,330

as other history now you tied a little

1335

00:58:36,060 --> 00:58:33,220

bit when we were off the air about

1336

00:58:37,500 --> 00:58:36,070

ancestor spells and calling upon

1337

00:58:39,720 --> 00:58:37,510

ancestors and did you want to go a

1338

00:58:42,510 --> 00:58:39,730

little further into that with us we

1339

00:58:44,280 --> 00:58:42,520

learned how to set one of the projects

1340

00:58:46,200 --> 00:58:44,290

that I have in the book on there are two

1341

00:58:49,110 --> 00:58:46,210

different kinds of paper mache cauldrons

1342

00:58:50,470 --> 00:58:49,120

so let's say you you don't have a lot of

1343

00:58:52,810 --> 00:58:50,480

space or you want to

1344

00:58:55,950 --> 00:58:52,820

something that honors that honored your

1345

00:58:58,510 --> 00:58:55,960

ancestors you can take photocopies of

1346

00:59:00,100 --> 00:58:58,520

your ancestors that you know of where

1347

00:59:01,810 --> 00:59:00,110

you might be writing the names of them

1348

00:59:03,790 --> 00:59:01,820

down and use them in paper mache which

1349

00:59:05,530 --> 00:59:03,800

is just glue and flower and order some

1350

00:59:08,200 --> 00:59:05,540

sort of mix or you can buy and premade

1351

00:59:10,840 --> 00:59:08,210

mix at the craft store and put that over

1352

00:59:13,390 --> 00:59:10,850

the bottom of a 2-liter soda container

1353

00:59:15,130 --> 00:59:13,400

right or a balloon right you know these

1354

00:59:16,990 --> 00:59:15,140

are very paper strings very easy it's a

1355

00:59:18,190 --> 00:59:17,000

great it's a great project for kids as

1356

00:59:21,270 --> 00:59:18,200

well so you can do it as a family

1357

00:59:24,880 --> 00:59:21,280

together anime you know grandparents and

1358

00:59:26,530 --> 00:59:24,890

great-grandparents and what I like to

1359

00:59:28,150 --> 00:59:26,540

use to do that kind of memory collagen

1360

00:59:30,730 --> 00:59:28,160

so you look at each photo and you put it

1361

00:59:33,130 --> 00:59:30,740

in there you let it dry and then you can

1362

00:59:36,730 --> 00:59:33,140

set it loose into the world which is I'm

1363

00:59:38,350 --> 00:59:36,740

sort of think out it's gonna date me but

1364

00:59:41,260 --> 00:59:38,360

the Karate Kid - there's a beautiful

1365

00:59:43,240 --> 00:59:41,270

scene of the Japanese ancestor ceremony

1366

00:59:45,790 --> 00:59:43,250

where they have the lanterns that go

1367

00:59:47,260 --> 00:59:45,800

onto the water and they set on fire and

1368

00:59:48,820 --> 00:59:47,270

that's a great way of honoring on those

1369

00:59:51,520 --> 00:59:48,830

you can put little offerings in the bowl

1370

00:59:54,280 --> 00:59:51,530

and then let it be set on fire in an

1371

00:59:56,410 --> 00:59:54,290

ocean in a pool and the lake it's all

1372

00:59:58,060 --> 00:59:56,420

biodegradable so you're not harming

1373

01:00:00,100 --> 00:59:58,070

anything now of course right now since

1374

01:00:01,510 --> 01:00:00,110

most of North West is on fire be careful

1375

01:00:05,590 --> 01:00:01,520

where you're doing yes

1376

01:00:07,150 --> 01:00:05,600

oh yeah god yes for sure you can also

1377

01:00:09,370 --> 01:00:07,160

just let it sink without setting it on

1378

01:00:11,050 --> 01:00:09,380

fire or you can also bury it burying it

1379

01:00:13,000 --> 01:00:11,060

again it's biodegradable all these

1380

01:00:14,650 --> 01:00:13,010

materials so that you can think about

1381

01:00:15,840 --> 01:00:14,660

we're putting down roots here it's a

1382

01:00:18,160 --> 01:00:15,850

great thing when you have a new house

1383

01:00:19,810 --> 01:00:18,170

right and you want to take your family

1384

01:00:21,610 --> 01:00:19,820

with you you might have left your old

1385

01:00:22,870 --> 01:00:21,620

family household that generations have

1386

01:00:25,510 --> 01:00:22,880

been out to move to a different state

1387

01:00:27,490 --> 01:00:25,520

you can build this memory cauldron and

1388

01:00:29,230 --> 01:00:27,500

then put it into your yard and so that

1389

01:00:30,790 --> 01:00:29,240

you have them with you and they you know

1390

01:00:34,900 --> 01:00:30,800

great things can grow out of it you can

1391

01:00:38,800 --> 01:00:34,910

plant a tree out of it wonderful very

1392

01:00:41,890 --> 01:00:38,810

nice no people talk a lot about how we

1393

01:00:44,320 --> 01:00:41,900

are still affected by things that happen

1394

01:00:47,560 --> 01:00:44,330

to our ancestors and sometimes that

1395

01:00:50,050 --> 01:00:47,570

requires a healing so not just for art's

1396

01:00:52,120 --> 01:00:50,060

sake but for their sake because we kind

1397

01:00:54,540 --> 01:00:52,130

of inherited it we still are carrying an

1398

01:00:57,010 --> 01:00:54,550

energy that it's unwelcome and

1399

01:00:59,250 --> 01:00:57,020

unfortunate energy so we want to change

1400

01:01:02,800 --> 01:00:59,260

that can we use the cauldron to do that

1401

01:01:03,490 --> 01:01:02,810

you could what I would do with that is

1402

01:01:04,960 --> 01:01:03,500

that here you

1403

01:01:06,550 --> 01:01:04,970

working with a particular branch said

1404

01:01:08,110 --> 01:01:06,560

say you had a great-aunt that was

1405

01:01:10,990 --> 01:01:08,120

wronged and that you know has come down

1406

01:01:12,250 --> 01:01:11,000

through the family or perhaps say

1407

01:01:14,680 --> 01:01:12,260

something as horrible as the Holocaust

1408

01:01:16,900 --> 01:01:14,690

you know coming through is it you can do

1409

01:01:19,030 --> 01:01:16,910

that memory cauldron and mix and herbs

1410

01:01:21,400 --> 01:01:19,040

that are calming and healing like

1411

01:01:24,340 --> 01:01:21,410

lavender being a great wine rosemary is

1412

01:01:26,140 --> 01:01:24,350

another one before and making peace with

1413

01:01:28,150 --> 01:01:26,150

that or doing what you can to strengthen

1414

01:01:30,580 --> 01:01:28,160

that you can also do where you actually

1415

01:01:32,920 --> 01:01:30,590

plant is it since its biodegradable use

1416

01:01:35,590 --> 01:01:32,930

it as a seed seed starter and a plant

1417

01:01:37,210 --> 01:01:35,600

lavender rosemary into the earth with

1418

01:01:38,650 --> 01:01:37,220

that and so that it grows and you'll

1419

01:01:40,650 --> 01:01:38,660

think about every time you see that

1420

01:01:44,410 --> 01:01:40,660

plant you think about that connection

1421

01:01:47,320 --> 01:01:44,420

mm-hmm interesting so how what are the

1422

01:01:48,940 --> 01:01:47,330

rituals and magical spells can we do

1423

01:01:51,790 --> 01:01:48,950

with the cauldron what do you think our

1424

01:01:54,430 --> 01:01:51,800

audience would like to learn next Oh

1425

01:01:55,900 --> 01:01:54,440

divination the cauldron is wonderful for

1426

01:02:01,950 --> 01:01:55,910

divination stuff whether you're looking

1427

01:02:06,160 --> 01:02:04,570

there are many different methods

1428

01:02:09,040 --> 01:02:06,170

I think outlined about ten of them in

1429

01:02:11,200 --> 01:02:09,050

the book one of the most simplest ones

1430

01:02:12,880 --> 01:02:11,210

is you can use it as a scribe mirror so

1431

01:02:15,370 --> 01:02:12,890

if you have a black cauldron you know

1432

01:02:17,260 --> 01:02:15,380

magic mirrors is the black surface that

1433

01:02:18,640 --> 01:02:17,270

you stare into same with any kind of

1434

01:02:20,440 --> 01:02:18,650

crystal right with the idea is that you

1435

01:02:23,590 --> 01:02:20,450

look at this blank surface and let your

1436

01:02:25,630 --> 01:02:23,600

imagination kick in so if you just have

1437

01:02:27,820 --> 01:02:25,640

your little black pot and you put some

1438

01:02:29,980 --> 01:02:27,830

water in it under the full moon right

1439

01:02:32,530 --> 01:02:29,990

great time to do that tonight okay so

1440

01:02:34,720 --> 01:02:32,540

I'm what you want to see and just allow

1441

01:02:37,150 --> 01:02:34,730

your mind to look into that surface and

1442

01:02:39,040 --> 01:02:37,160

see what comes from it if you need a

1443

01:02:41,830 --> 01:02:39,050

little more stimulation some people do

1444

01:02:44,140 --> 01:02:41,840

and you can add oil to whether that is

1445

01:02:47,920 --> 01:02:44,150

an essential oil that again to

1446

01:02:50,680 --> 01:02:47,930

invigorate the senses or one of my

1447

01:02:53,200 --> 01:02:50,690

favorite things to do is I like to bless

1448

01:02:55,180 --> 01:02:53,210

the water with salt I can use olive oil

1449

01:02:57,040 --> 01:02:55,190

and I need to look into the surface and

1450

01:02:58,890 --> 01:02:57,050

I can do this all in my pasta pot which

1451  
01:03:01,570 --> 01:02:58,900  
means I can look into the situation

1452  
01:03:03,910 --> 01:03:01,580  
prepare my pasta water and then add

1453  
01:03:06,340 --> 01:03:03,920  
pasta and depending on how that pasta

1454  
01:03:11,470 --> 01:03:06,350  
comes out I will know how the working

1455  
01:03:13,870 --> 01:03:11,480  
will go oh now when you talk about

1456  
01:03:17,200 --> 01:03:13,880  
divination just explain to our audience

1457  
01:03:19,060 --> 01:03:17,210  
you know what kinds of things can you

1458  
01:03:21,480 --> 01:03:19,070  
you call forth or what are you looking

1459  
01:03:25,180 --> 01:03:21,490  
for give us some examples of that right

1460  
01:03:26,980 --> 01:03:25,190  
well some people what do people like to

1461  
01:03:30,280 --> 01:03:26,990  
divide they like to look into let's see

1462  
01:03:32,080 --> 01:03:30,290  
how will they get a job or not a great

1463  
01:03:34,030 --> 01:03:32,090

way to do that so you're getting the yes

1464

01:03:36,370 --> 01:03:34,040

or no or possibility right yes or no

1465

01:03:38,290 --> 01:03:36,380

questions tend to be fairly easy rather

1466

01:03:40,480 --> 01:03:38,300

than interpreting symbols like a Latino

1467

01:03:43,450 --> 01:03:40,490

use right like what is this shape I

1468

01:03:45,520 --> 01:03:43,460

don't know but you can look at it pour

1469

01:03:47,560 --> 01:03:45,530

the oil and and go okay if everything

1470

01:03:49,210 --> 01:03:47,570

globes together that sort of seems like a

1471

01:03:50,980 --> 01:03:49,220

very positive message to me if

1472

01:03:55,360 --> 01:03:50,990

everything disperses I would feel like

1473

01:03:58,750 --> 01:03:55,370

that's a No another way doing is taking

1474

01:04:00,490 --> 01:03:58,760

wax so you have a candle and you have

1475

01:04:02,440 --> 01:04:00,500

water on the surface of your cauldron

1476

01:04:03,790 --> 01:04:02,450

and you can pour the wax into that and

1477

01:04:06,330 --> 01:04:03,800

see what shapes are made and that is

1478

01:04:09,700 --> 01:04:06,340

another form of divination hmm so

1479

01:04:11,560 --> 01:04:09,710

whatever here yes or no thing or feeling

1480

01:04:13,570 --> 01:04:11,570

about a situation like is this a good

1481

01:04:16,180 --> 01:04:13,580

path for me to go down and if everything

1482

01:04:18,160 --> 01:04:16,190

is all messy and it seems kind of jagged

1483

01:04:20,680 --> 01:04:18,170

then you're like oh baby this is not the

1484

01:04:23,740 --> 01:04:20,690

decision I want to make make another

1485

01:04:25,960 --> 01:04:23,750

decision so you know the other thing is

1486

01:04:28,090 --> 01:04:25,970

with with the scry mirror if you were

1487

01:04:29,950 --> 01:04:28,100

very good with kind of seeing into

1488

01:04:31,720 --> 01:04:29,960

images then you can look at any sort of

1489

01:04:34,990 --> 01:04:31,730

situation but you know some people have

1490

01:04:36,010 --> 01:04:35,000

a very hard time using their brain and

1491

01:04:37,930 --> 01:04:36,020

letting look if you're one of those

1492

01:04:39,460 --> 01:04:37,940

people who can't meditate like I just

1493

01:04:40,930 --> 01:04:39,470

can think of my laundry list right now

1494

01:04:42,970 --> 01:04:40,940

or what I have to go grocery shopping

1495

01:04:44,860 --> 01:04:42,980

for then you're probably letting to keep

1496

01:04:46,720 --> 01:04:44,870

it very simple down to yes and no

1497

01:04:51,000 --> 01:04:46,730

question so you can't argue about it

1498

01:04:53,860 --> 01:04:51,010

yourself or get bored right right right

1499

01:04:56,200 --> 01:04:53,870

yeah we're not good in the United States

1500

01:05:00,220 --> 01:04:56,210

and meditating for very long are we no

1501  
01:05:02,320 --> 01:05:00,230  
keeping you're not what we are not yes

1502  
01:05:04,780 --> 01:05:02,330  
so those are simple things that people

1503  
01:05:08,140 --> 01:05:04,790  
can do also with the help of the

1504  
01:05:10,540 --> 01:05:08,150  
cauldron and what other things can we do

1505  
01:05:16,750 --> 01:05:10,550  
I mean this just seems endless what are

1506  
01:05:18,910 --> 01:05:16,760  
the crazy cool things can we do as I

1507  
01:05:20,410 --> 01:05:18,920  
usually the bathtub is one of my

1508  
01:05:22,420 --> 01:05:20,420  
favorite places so you can always use

1509  
01:05:25,030 --> 01:05:22,430  
that for all different kinds of spell

1510  
01:05:27,220 --> 01:05:25,040  
work one day I advise people and you

1511  
01:05:28,870 --> 01:05:27,230  
think of everyday magic is you probably

1512  
01:05:31,030 --> 01:05:28,880  
make a hot beverage in the morning for

1513  
01:05:37,210 --> 01:05:31,040

yourself if you don't go to Starbucks

1514

01:05:39,530 --> 01:05:37,220

right a teakettle or you're using a

1515

01:05:41,120 --> 01:05:39,540

coffeepot or maybe you're one of those

1516

01:05:42,589 --> 01:05:41,130

juice store folks right you might be

1517

01:05:44,870 --> 01:05:42,599

making it Zeus or smoothie in the

1518

01:05:46,190 --> 01:05:44,880

morning all of those things are culture

1519

01:05:47,810 --> 01:05:46,200

and aspects so whether you're pouring

1520

01:05:50,329 --> 01:05:47,820

the liquid or the ingredients and you

1521

01:05:51,740 --> 01:05:50,339

can have as you make your cup of tea you

1522

01:05:53,930 --> 01:05:51,750

pour that water and think what am I

1523

01:05:55,670 --> 01:05:53,940

going to accomplish today do I have a

1524

01:05:58,550 --> 01:05:55,680

meeting that's going to be difficult do

1525

01:06:00,140 --> 01:05:58,560

I want it to go smoothly that what's he

1526

01:06:02,120 --> 01:06:00,150

am I going to choose for that what blend

1527

01:06:03,620 --> 01:06:02,130

of coffee do I want to use I think okay

1528

01:06:06,589 --> 01:06:03,630

I really gotta have a powerful day I've

1529

01:06:08,450 --> 01:06:06,599

got to give a really big presentation or

1530

01:06:10,250 --> 01:06:08,460

I have a big project and then you get

1531

01:06:12,410 --> 01:06:10,260

taken care of or I need to need to relax

1532

01:06:14,660 --> 01:06:12,420

you know so maybe you need like a

1533

01:06:17,359 --> 01:06:14,670

lavender o'geraty is a great mix for

1534

01:06:19,490 --> 01:06:17,369

like maybe awake but feeling calm so you

1535

01:06:21,079 --> 01:06:19,500

have that tea you have the process of

1536

01:06:22,700 --> 01:06:21,089

thinking about the hot water as it's

1537

01:06:25,460 --> 01:06:22,710

reacting and then you have a holding of

1538

01:06:27,829 --> 01:06:25,470

it as well so you don't have to put on

1539

01:06:30,349 --> 01:06:27,839

you know candles and and different kinds

1540

01:06:32,030 --> 01:06:30,359

of music and dress up to have your cup

1541

01:06:34,339 --> 01:06:32,040

of coffee to tea in the morning or your

1542

01:06:35,839 --> 01:06:34,349

smoothie you think about that intent so

1543

01:06:37,599 --> 01:06:35,849

that's a very simple way you can bring

1544

01:06:39,890 --> 01:06:37,609

magic every day and use your cauldron

1545

01:06:43,310 --> 01:06:39,900

there's the code the unconventional

1546

01:06:45,680 --> 01:06:43,320

cauldrons in your life so that's great

1547

01:06:47,540 --> 01:06:45,690

because it does help to make every

1548

01:06:51,320 --> 01:06:47,550

moment sacred when you do something like

1549

01:06:53,510 --> 01:06:51,330

that and it calls upon the spiritual and

1550

01:06:55,790 --> 01:06:53,520

when we are being you know very

1551  
01:06:56,570 --> 01:06:55,800  
materialistic we're starting our day you

1552  
01:06:58,370 --> 01:06:56,580  
know what you're thinking about getting

1553  
01:07:00,530 --> 01:06:58,380  
dressed and what you know makeup and

1554  
01:07:02,750 --> 01:07:00,540  
hair and all the stuff we got to do just

1555  
01:07:04,820 --> 01:07:02,760  
to get out the door but here's that

1556  
01:07:06,170 --> 01:07:04,830  
moment when you make that spiritual

1557  
01:07:07,849 --> 01:07:06,180  
connection and all you're doing is

1558  
01:07:10,880 --> 01:07:07,859  
drinking your coffee or cheese so it's a

1559  
01:07:12,680 --> 01:07:10,890  
great idea what you're sharing with us

1560  
01:07:14,900 --> 01:07:12,690  
now and I think it's important because

1561  
01:07:17,510 --> 01:07:14,910  
so many times you know buddy we lose

1562  
01:07:19,940 --> 01:07:17,520  
touch with that connection to the spirit

1563  
01:07:21,380 --> 01:07:19,950

I think these crises that we're seeing

1564

01:07:25,599 --> 01:07:21,390

now in the world today

1565

01:07:28,310 --> 01:07:25,609

Vanya's forces start praying and

1566

01:07:29,660 --> 01:07:28,320

connecting again and all that but we

1567

01:07:32,390 --> 01:07:29,670

don't we shouldn't have to be forced

1568

01:07:34,370 --> 01:07:32,400

into it we should just make a choice in

1569

01:07:36,890 --> 01:07:34,380

every moment to have that connection and

1570

01:07:40,339 --> 01:07:36,900

here's a great way to do it it's simple

1571

01:07:42,140 --> 01:07:40,349

it's easy so I like that now one of the

1572

01:07:44,300 --> 01:07:42,150

questions I just got by text is about

1573

01:07:44,750 --> 01:07:44,310

you they wanted to know what kind of

1574

01:07:47,300 --> 01:07:44,760

witch

1575

01:07:50,930 --> 01:07:47,310

you are do you have a special tradition

1576

01:07:53,780 --> 01:07:50,940

that you follow I am a modern

1577

01:07:56,900 --> 01:07:53,790

traditional witch and that reflects

1578

01:07:58,820 --> 01:07:56,910

using traditional pathways folkloric

1579

01:08:00,980 --> 01:07:58,830

traditions as well as that I am a modern

1580

01:08:02,720 --> 01:08:00,990

witch living here in America so even

1581

01:08:04,310 --> 01:08:02,730

though I come from Italians and

1582

01:08:07,160 --> 01:08:04,320

Sicilians and Russians and Latvians and

1583

01:08:09,050 --> 01:08:07,170

Lithuanians and all those I am NOT of

1584

01:08:11,180 --> 01:08:09,060

that land anymore right I might have

1585

01:08:13,100 --> 01:08:11,190

gotten genetically here but right now I

1586

01:08:16,130 --> 01:08:13,110

live in the Pacific Northwest and so I

1587

01:08:18,470 --> 01:08:16,140

resonate with the land around me I will

1588

01:08:23,960 --> 01:08:18,480

use matches or a lighter rather than

1589

01:08:27,110 --> 01:08:23,970

flint to that modern practice still has

1590

01:08:29,690 --> 01:08:27,120

an idea of classical witchcraft there's

1591

01:08:30,620 --> 01:08:29,700

a very simple sense of balance and as

1592

01:08:33,620 --> 01:08:30,630

we've mentioned I'll break I'm a

1593

01:08:37,099 --> 01:08:33,630

MacGyver which that is you know whatever

1594

01:08:39,289 --> 01:08:37,109

around me I will use it to get the

1595

01:08:41,809 --> 01:08:39,299

result I need I don't feel like I you

1596

01:08:43,309 --> 01:08:41,819

know if the moon is not quite in the

1597

01:08:44,870 --> 01:08:43,319

right place for what I'm doing then like

1598

01:08:46,910 --> 01:08:44,880

okay what else doing if I can't do a

1599

01:08:48,590 --> 01:08:46,920

prosperity so what do I need to get rid

1600

01:08:51,079 --> 01:08:48,600

of in my life right now if it's if the

1601

01:08:53,300 --> 01:08:51,089

moon is waning and if I don't have a

1602

01:08:54,650 --> 01:08:53,310

purple candle well it doesn't matter I'm

1603

01:08:56,269 --> 01:08:54,660

still going to use that candle and I'm

1604

01:08:58,910 --> 01:08:56,279

going to think about that energy that I

1605

01:09:01,610 --> 01:08:58,920

need and not under oil - if I need to go

1606

01:09:04,070 --> 01:09:01,620

that way so I'm very much a very simple

1607

01:09:07,309 --> 01:09:04,080

get done when it needs to get done kind

1608

01:09:10,579 --> 01:09:07,319

of wish that thanks good sense I love

1609

01:09:14,300 --> 01:09:10,589

that a MacGyver which there's nothing

1610

01:09:16,640 --> 01:09:14,310

better I have to chuckle because my

1611

01:09:19,160 --> 01:09:16,650

husband when he was alive he was always

1612

01:09:22,640 --> 01:09:19,170

fixing things and my daughter's called

1613

01:09:26,480 --> 01:09:22,650

it the MacGyver fixer because it's like

1614

01:09:28,519 --> 01:09:26,490

they went to redo our water system in

1615

01:09:33,249 --> 01:09:28,529

the backyard and the guy said I don't

1616

01:09:36,019 --> 01:09:33,259

know how he did it but it worked great

1617

01:09:37,460 --> 01:09:36,029

you know I heard another story - I just

1618

01:09:40,430 --> 01:09:37,470

want to share with you and I don't know

1619

01:09:45,380 --> 01:09:40,440

if you know this you probably do but not

1620

01:09:49,999 --> 01:09:45,390

ago women used to brew beer in cauldrons

1621

01:09:52,820 --> 01:09:50,009

and what happened was men started

1622

01:09:55,130 --> 01:09:52,830

getting interested in the brewing

1623

01:09:57,470 --> 01:09:55,140

process and then started spreading

1624

01:09:58,399 --> 01:09:57,480

rumors that the women who were doing the

1625

01:10:07,669 --> 01:09:58,409

brewing were

1626

01:10:10,850 --> 01:10:07,679

satanic worship worshipers so I heard

1627

01:10:17,270 --> 01:10:10,860

that variation and sure I'm not

1628

01:10:19,520 --> 01:10:17,280

surprised I'm sure that the in the

1629

01:10:22,100 --> 01:10:19,530

mythic section there's a lot of cultures

1630

01:10:23,629 --> 01:10:22,110

that you have to do with men and then

1631

01:10:26,149 --> 01:10:23,639

that's the you know the idea that the

1632

01:10:28,850 --> 01:10:26,159

Dagda the good father provides for his

1633

01:10:31,399 --> 01:10:28,860

tribe so it wasn't just women who cooked

1634

01:10:34,850 --> 01:10:31,409

men cooked as well you know and they all

1635

01:10:36,649 --> 01:10:34,860

did brewing but you know when we got to

1636

01:10:39,649 --> 01:10:36,659

about the Middle Ages everything went a

1637

01:10:40,970 --> 01:10:39,659

little wonky in a little dark I guess it

1638

01:10:42,919 --> 01:10:40,980

did mm-hmm

1639

01:10:45,560 --> 01:10:42,929

yes in some area is much earlier than

1640

01:10:47,000 --> 01:10:45,570

that so it's kind of unfortunate but you

1641

01:10:49,070 --> 01:10:47,010

know I don't think there was a

1642

01:10:52,060 --> 01:10:49,080

particular gender attached to how they

1643

01:10:54,320 --> 01:10:52,070

use that vessel for the longest time and

1644

01:10:58,129 --> 01:10:54,330

hopefully we'll get back to that again

1645

01:10:59,899 --> 01:10:58,139

that would be when you have you can you

1646

01:11:02,629 --> 01:10:59,909

can cook you can clean you can do all

1647

01:11:05,870 --> 01:11:02,639

the things and you can create you can

1648

01:11:09,919 --> 01:11:05,880

create right there quickly it's ready

1649

01:11:11,030 --> 01:11:09,929

yeah and create prosperity and love and

1650

01:11:11,240 --> 01:11:11,040

everything else that you want in your

1651

01:11:15,560 --> 01:11:11,250

life

1652

01:11:17,689 --> 01:11:15,570

so now in terms of the deities you talk

1653

01:11:21,290 --> 01:11:17,699

about Medea and I found that one very

1654

01:11:23,500 --> 01:11:21,300

interesting because it is dark and light

1655

01:11:26,330 --> 01:11:23,510

tell us a little bit about Medea hmm

1656

01:11:29,080 --> 01:11:26,340

this is in the mid section in the books

1657

01:11:32,149 --> 01:11:29,090

one of my favorite myths so Medea

1658

01:11:35,780 --> 01:11:32,159

supposedly is descendants or daughter of

1659

01:11:38,720 --> 01:11:35,790

Hecate and Cersei say all this classic

1660

01:11:41,270 --> 01:11:38,730

Greek and Thracian which is women of

1661

01:11:44,360 --> 01:11:41,280

darkness and magic and now just sort of

1662

01:11:46,910 --> 01:11:44,370

tinkering around like really new potions

1663

01:11:48,560 --> 01:11:46,920

no divination everything that there was

1664

01:11:52,310 --> 01:11:48,570

to know about the unnatural world

1665

01:11:54,890 --> 01:11:52,320

working with spirits and after she had

1666

01:11:56,090 --> 01:11:54,900

gone off with Jason and secured the

1667

01:11:58,189 --> 01:11:56,100

Golden Fleece because it was her father

1668

01:11:59,570 --> 01:11:58,199

who had the Golden Fleece they settle

1669

01:12:01,550 --> 01:11:59,580

down and get married and Jason's

1670

01:12:03,620 --> 01:12:01,560

father's not doing so well and he's like

1671

01:12:06,020 --> 01:12:03,630

hey Medea can you do anything about my

1672

01:12:08,030 --> 01:12:06,030

father he's you know his health could be

1673

01:12:09,800 --> 01:12:08,040

a little bit better and so she makes

1674

01:12:11,720 --> 01:12:09,810

like what I call the first herbal shake

1675

01:12:15,800 --> 01:12:11,730

but she

1676  
01:12:17,900 --> 01:12:15,810  
a concoction for him and you know like

1677  
01:12:19,700 --> 01:12:17,910  
empties out his blood and revitalizes

1678  
01:12:21,890 --> 01:12:19,710  
him with this new herbal juice and he's

1679  
01:12:23,780 --> 01:12:21,900  
a young met a youngish man again it's

1680  
01:12:24,229 --> 01:12:23,790  
you know another 10 20 years back on his

1681  
01:12:27,530 --> 01:12:24,239  
life

1682  
01:12:31,280 --> 01:12:27,540  
well the neighboring king and heard

1683  
01:12:32,689 --> 01:12:31,290  
about this and he had his dog Madea an

1684  
01:12:36,080 --> 01:12:32,699  
earlier story

1685  
01:12:38,300 --> 01:12:36,090  
he sends his daughters they go find go

1686  
01:12:40,490 --> 01:12:38,310  
find out whatever she did to fix him and

1687  
01:12:42,860 --> 01:12:40,500  
so they show up and she knows who they

1688  
01:12:45,020 --> 01:12:42,870

are she's we go I'll help you out

1689

01:12:47,720 --> 01:12:45,030

this will be great I'll show you exactly

1690

01:12:49,550 --> 01:12:47,730

what I did and so she she gets into the

1691

01:12:51,110 --> 01:12:49,560

colleges she's throwing herbs in there

1692

01:12:53,150 --> 01:12:51,120

in the room is filling with smoke and

1693

01:12:55,939 --> 01:12:53,160

there's this old goat in there and she

1694

01:12:58,040 --> 01:12:55,949

comes to the old goat and they throws it

1695

01:12:59,990 --> 01:12:58,050

in and then some way this young young

1696

01:13:01,790 --> 01:13:00,000

goat comes new charging right out of the

1697

01:13:03,410 --> 01:13:01,800

cauldron and they're like oh we got it

1698

01:13:06,169 --> 01:13:03,420

okay we know only how to do this we can

1699

01:13:07,640 --> 01:13:06,179

do this and so these girls go back to

1700

01:13:09,380 --> 01:13:07,650

their father and like this is what we're

1701

01:13:17,510 --> 01:13:09,390

gonna do and they do it and they

1702

01:13:19,310 --> 01:13:17,520

accidentally kill their father yeah we

1703

01:13:21,050 --> 01:13:19,320

don't have to in it the modern taken -

1704

01:13:23,120 --> 01:13:21,060

everythin myth I cover in the book I

1705

01:13:24,709 --> 01:13:23,130

talk about what is what do we what does

1706

01:13:27,200 --> 01:13:24,719

the myth mean but most importantly what

1707

01:13:29,000 --> 01:13:27,210

does it mean to us today and what they

1708

01:13:32,840 --> 01:13:29,010

wanted to do was hurt her to reveal her

1709

01:13:34,729 --> 01:13:32,850

secrets you know and she's like no

1710

01:13:35,900 --> 01:13:34,739

you're not getting my secrets you know

1711

01:13:39,229 --> 01:13:35,910

we don't have to tell everybody

1712

01:13:41,360 --> 01:13:39,239

everything if we don't want to and it's

1713

01:13:43,820 --> 01:13:41,370

also things don't always you sure you

1714

01:13:46,970 --> 01:13:43,830

don't believe what you see right let me

1715

01:13:49,070 --> 01:13:46,980

say adding smoke and various things it

1716

01:13:51,410 --> 01:13:49,080

can be a very awesome appearance but

1717

01:13:53,689 --> 01:13:51,420

does it do anything well only you really

1718

01:13:57,080 --> 01:13:53,699

know you're doing it but it's

1719

01:13:59,689 --> 01:13:57,090

fascinating isn't it and and also the

1720

01:14:01,669 --> 01:13:59,699

king being so arrogant after he pissed

1721

01:14:04,100 --> 01:14:01,679

her off whatever is the first time

1722

01:14:06,320 --> 01:14:04,110

thinking that she was just gonna do

1723

01:14:08,840 --> 01:14:06,330

something great like this for him and

1724

01:14:10,700 --> 01:14:08,850

obviously it wronged her so yeah there's

1725

01:14:13,160 --> 01:14:10,710

a lesson in all the way around that

1726

01:14:19,280 --> 01:14:13,170

stories and they're fascinating I like

1727

01:14:21,490 --> 01:14:19,290

Medea yes I do dude for sure and you

1728

01:14:23,380 --> 01:14:21,500

mentioned Aphrodite and there

1729

01:14:26,350 --> 01:14:23,390

there's a number of deities obviously

1730

01:14:28,960 --> 01:14:26,360

that you you learn and you embrace as a

1731

01:14:30,820 --> 01:14:28,970

witch any others that you want to share

1732

01:14:31,960 --> 01:14:30,830

stories about with before we end the

1733

01:14:34,600 --> 01:14:31,970

show we're coming to the end

1734

01:14:36,550 --> 01:14:34,610

unfortunately but I will share with one

1735

01:14:40,770 --> 01:14:36,560

of my favorite from the other side of my

1736

01:14:44,170 --> 01:14:40,780

family would be Baba Yaga ah yeah yes

1737

01:14:46,450 --> 01:14:44,180

she is the classic you know old school

1738

01:14:49,510 --> 01:14:46,460

which the you know the Crone in the

1739

01:14:51,880 --> 01:14:49,520

woods right is how she's known and she

1740

01:14:53,980 --> 01:14:51,890

goes around sometimes in a chicken hut

1741

01:14:56,050 --> 01:14:53,990

you know that moves through the forest

1742

01:14:58,450 --> 01:14:56,060

depends on how many feet some people say

1743

01:15:00,310 --> 01:14:58,460

once and get to sleep for I like to I

1744

01:15:02,950 --> 01:15:00,320

think it probably walks around too but

1745

01:15:06,220 --> 01:15:02,960

she also travels around either in a more

1746

01:15:08,530 --> 01:15:06,230

go pestle or cauldron so she kind of

1747

01:15:13,330 --> 01:15:08,540

centers around and and and with a silver

1748

01:15:15,190 --> 01:15:13,340

broom and nice stuff yes she's very well

1749

01:15:17,470 --> 01:15:15,200

fitted and what I love about her is that

1750

01:15:19,300 --> 01:15:17,480

she is one of those and all of her mess

1751

01:15:21,280 --> 01:15:19,310

she's either going to be really nice to

1752

01:15:24,610 --> 01:15:21,290

you for no apparent reason we're really

1753

01:15:26,440 --> 01:15:24,620

horrible to you and that's because she'd

1754

01:15:28,480 --> 01:15:26,450

be a hidden me she's a representation of

1755

01:15:30,820 --> 01:15:28,490

nature itself as we're looking at what's

1756

01:15:33,310 --> 01:15:30,830

happening right now like right the

1757

01:15:35,320 --> 01:15:33,320

hurricane hurricane is not like I'm

1758

01:15:38,620 --> 01:15:35,330

gonna go wipe out Florida it's a

1759

01:15:40,990 --> 01:15:38,630

hurricane that's what it is a simple

1760

01:15:43,300 --> 01:15:41,000

Nick force of nature you can go into the

1761

01:15:45,040 --> 01:15:43,310

woods and you can have you can find

1762

01:15:46,960 --> 01:15:45,050

berries you can eat eat and eat

1763

01:15:48,220 --> 01:15:46,970

mushrooms that are ok for you or you can

1764

01:15:50,830 --> 01:15:48,230

eat things that are going to kill you

1765

01:15:53,140 --> 01:15:50,840

right this is now nature if nature has

1766

01:15:54,370 --> 01:15:53,150

nothing personal against us and that is

1767

01:15:56,410 --> 01:15:54,380

the same thing with Bobby I guess

1768

01:15:58,930 --> 01:15:56,420

sometimes you get sunshine and sometimes

1769

01:16:00,340 --> 01:15:58,940

you get a hurricane mm-hmm and sometimes

1770

01:16:03,510 --> 01:16:00,350

you get those and then you can Arriba

1771

01:16:06,840 --> 01:16:03,520

yeah that's right rainbow you need

1772

01:16:10,810 --> 01:16:06,850

something special at the end yes

1773

01:16:12,940 --> 01:16:10,820

absolutely we do we do well Lori you

1774

01:16:14,380 --> 01:16:12,950

have another book that you're working on

1775

01:16:17,140 --> 01:16:14,390

now and that's coming out in January

1776

01:16:19,120 --> 01:16:17,150

we're gonna for sure have you back to

1777

01:16:22,420 --> 01:16:19,130

talk about it but tell us the name of it

1778

01:16:24,940 --> 01:16:22,430

again and it's a new decidua right it's

1779

01:16:27,790 --> 01:16:24,950

sizzle witchery and it's a witch's guide

1780

01:16:29,740 --> 01:16:27,800

to crafting magic symbols and this comes

1781

01:16:31,960 --> 01:16:29,750

from from my approach as an artist and a

1782

01:16:34,180 --> 01:16:31,970

witch to how to create magical symbols

1783

01:16:35,209 --> 01:16:34,190

for whatever you need so different kinds

1784

01:16:36,739 --> 01:16:35,219

of spell craft

1785

01:16:39,169 --> 01:16:36,749

anything you need you can draw a sigil

1786

01:16:41,950 --> 01:16:39,179

for it and I have a very unique approach

1787

01:16:46,609 --> 01:16:41,960

that people find very easy to do so I

1788

01:16:50,089 --> 01:16:46,619

can't wait to have you back for that

1789

01:16:51,859 --> 01:16:50,099

that's great well for now everybody you

1790

01:16:53,989 --> 01:16:51,869

can get this book that laura has written

1791

01:16:56,870 --> 01:16:53,999

it's a beautiful book the cauldron

1792

01:16:59,660 --> 01:16:56,880

thank you sure you get it there you go

1793

01:17:01,819 --> 01:16:59,670

and yes some books some lessons tonight

1794

01:17:03,680 --> 01:17:01,829

for free and make sure you get the book

1795

01:17:06,620 --> 01:17:03,690

it's terrific and next week we're back

1796

01:17:09,649 --> 01:17:06,630

to dreaming got two guys coming on

1797

01:17:11,709 --> 01:17:09,659

telling us how important it is remember

1798

01:17:14,569 --> 01:17:11,719

your dreams and work with them every day

1799

01:17:16,370 --> 01:17:14,579

we're going to have a lot of fun next

1800

01:17:19,100 --> 01:17:16,380

week too just like we did tonight but

1801

01:17:22,520 --> 01:17:19,110

about dreams and until then we will see

1802

01:17:25,370 --> 01:17:22,530

you on the blue highway everybody good

1803

01:17:27,830 --> 01:17:25,380

night stay safe lots of love to